

Baby Bison Buns

Ingredients

Bison roast

Onion

Peppers (of choice, cut to desired size)

Garlic

Salt and pepper to taste

Small dinner rolls

Butter

Directions

1. Place roast in a crock pot on low for 6-8 hours.
2. Place onions, peppers, and garlic in the crockpot - right away if you want them dissolved, or two hours before the end if you'd like them crunchy.
3. 20 minutes prior to serving, slice rolls in half, butter, then bake at 350 to 375 degrees fahrenheit for five minutes (until lightly toasted).
4. Shred bison meat and serve on a bun. Serve with sides such as sweet potatoes, peas, or enjoy on their own.