

KIXE PBS GUIDE



JANUARY **All Creatures Great and Small**

Premieres Sun. January 11th, 8 pm

Date	9:00 am	9:30 am	10:00 am	10:30 am	11:00 am	11:30 am	12:00 pm	12:30 pm	1:00 pm	1:30 pm	
Thu 01	Daniel Tiger's Neighborhood	Rosie's Rules	Sesame Street - Elmo Visits The Library	Work It Out Wombats!	Donkey Hodie - Snow Day/Snow Surprise Challenge	Pinkalicious & Peterrific	Elinor Wonders Why	Alma's Way	Amanpour and Company		
Fri 02	Daniel Tiger's Neighborhood	Rosie's Rules	Sesame Street - Worms Want to Play	Work It Out Wombats!	Donkey Hodie - A Donkey Hodie New Year	Pinkalicious & Peterrific	Elinor Wonders Why - Adventure In Moose Mountain	Alma's Way - No Sleep 'til New Year's/Nurse Alma	Amanpour and Company		
Sat 03	Daniel Tiger's Neighborhood	Rosie's Rules	This Old House - Asheville Silt and Stone	Ask This Old House - Garage Storage, Anode Rod	Woodsmith Shop - Special Guest: Pat Carroll	Motorweek - 2025 Audi A5	Steven Raichlen's Project Fire	Christopher Kimball's Milk Street Television	America's Test Kitchen - Zesty Salmon and Salad	Pat's Mexican Table - A Family Affair	
Sun 04	Consuelo Mack Wealthtrack	Energy Switch - Climate Adaptation	Designing Your Ideal Future with Rajiv Nagaich 			Change Your Brain, Change Your Pain with Daniel Amen, MD			Rick Steves Island Hopping Europe 		
Mon 05	Daniel Tiger's Neighborhood	Rosie's Rules - Abuela's Birthday/Cat Mail	Sesame Street - Rudy's Doctor Dilemma	Work It Out Wombats!	Donkey Hodie - Daniel Tiger Visits Someplace Else	Pinkalicious & Peterrific	Elinor Wonders Why	Alma's Way - Mofongo on the Go/Alma Scoots Around	Amanpour and Company		
Tue 06	Daniel Tiger's Neighborhood	Rosie's Rules - Family Sports Day/The Cake-Off	Sesame Street - Grover's Super Suitcase	Work It Out Wombats! - Color Fun/A Super Invention	Donkey Hodie - A Donkey Dilemma/The Quiet Game	Pinkalicious & Peterrific	Elinor Wonders Why	Alma's Way - Lucas Left Out/The Sweetest Treat	Amanpour and Company		
Wed 07	Daniel Tiger's Neighborhood	Rosie's Rules	Sesame Street - Elmo Helps The Amazing Zero!	Work It Out Wombats!	Donkey Hodie	Pinkalicious & Peterrific	Elinor Wonders Why - Echo Location/Ears to You	Alma's Way	Amanpour and Company		
Thu 08	Daniel Tiger's Neighborhood	Rosie's Rules	Sesame Street - Rudy's Doctor Dilemma	Work It Out Wombats!	Donkey Hodie	Pinkalicious & Peterrific	Elinor Wonders Why	Alma's Way - Alma Picked A Pepper/The Alma Train	Amanpour and Company		
Fri 09	Daniel Tiger's Neighborhood	Rosie's Rules	Sesame Street - The Kitty Sitters	Work It Out Wombats!	Donkey Hodie - Plain Old Day/Birdie Beach Concert	Pinkalicious & Peterrific	Elinor Wonders Why - A Change of Art/The Litterbug	Alma's Way - Piragua Problem/Balloon Blues	Amanpour and Company		
Sat 10	Daniel Tiger's Neighborhood	Rosie's Rules	This Old House - Asheville Putting Down Roots	Ask This Old House - Idaho Backyard Makeover	Woodsmith Shop - Shop Storage	Motorweek - 2026 Cadillac Vistiq	Steven Raichlen's Project Fire - Steak and Beyond	Christopher Kimball's Milk Street Television	America's Test Kitchen	Pat's Mexican Table - Ode to the Egg	
Sun 11	Consuelo Mack Wealthtrack	Energy Switch - Carbon Markets, Part 1	The American Revolution - In Order to Be Free 					Ken Burns: One Nation, Many Stories 			
Mon 12	Daniel Tiger's Neighborhood	Rosie's Rules	Sesame Street - Nursery Rhyme Day On Sesame Street	Work It Out Wombats!	Donkey Hodie	Pinkalicious & Peterrific	Elinor Wonders Why	Alma's Way - Alma's Yes Day/Alma's Hypothe-Saur	Amanpour and Company		
Tue 13	Daniel Tiger's Neighborhood	Rosie's Rules - Rosie The Dog Sitter/Chef Rosie	Sesame Street - Tamir's Art Show	Work It Out Wombats!	Donkey Hodie - The Try Scouts/Wiz-Kazi zz-Kazaam	Pinkalicious & Peterrific	Elinor Wonders Why	Alma's Way - Alma's Cat-Tastrophe/Stick ball!	Amanpour and Company		
Wed 14	Daniel Tiger's Neighborhood	Rosie's Rules - Iggy's Check Up/The New Park	Sesame Street - Roar, It's A Dinosaur	Work It Out Wombats!	Donkey Hodie	Pinkalicious & Peterrific	Elinor Wonders Why	Alma's Way - Alma On Ice/Junior's Lost Tooth	Amanpour and Company		
Thu 15	Daniel Tiger's Neighborhood	Rosie's Rules - Rosie Maps It Out/Merry-Go-Rosie	Sesame Street - Nursery Rhyme Day On Sesame Street	Work It Out Wombats!	Donkey Hodie - A Night Out/Poetry Problem	Pinkalicious & Peterrific	Elinor Wonders Why - Olive's Library/Nature Walk	Alma's Way - Alma's Best Friend/Steggie Gets Lost	Amanpour and Company		
Fri 16	Daniel Tiger's Neighborhood	Rosie's Rules - Abuela's Song/Rosie The Inventor	Sesame Street - Tamir Learns Tagalog	Work It Out Wombats!	Donkey Hodie - The Goofies/Field Day	Pinkalicious & Peterrific	Elinor Wonders Why - Leave It to Ari/Snow Friend	Alma's Way	Amanpour and Company		
Sat 17	Daniel Tiger's Neighborhood	Rosie's Rules - Rosie Maps It Out/Merry-Go-Rosie	This Old House - Asheville Coming Home	Ask This Old House - Speakeasy Hidden Door	Woodsmith Shop - Birds & Bees	Motorweek - 2025 Chevrolet Colorado ZR2 Bison	Steven Raichlen's Project Fire	Christopher Kimball's Milk Street Television	America's Test Kitchen	Pat's Mexican Table - Yucatan Meats	
Sun 18	Consuelo Mack Wealthtrack	Energy Switch - Carbon Markets, Part 2	The American Revolution - An Asylum for Mankind 					Behind The Scenes of Leonardo Da Vinci with Ken Burns 			
Mon 19	Daniel Tiger's Neighborhood	Rosie's Rules	Sesame Street	Work It Out Wombats!	Donkey Hodie - The Goalies/Mousy Hodie	Pinkalicious & Peterrific	Elinor Wonders Why	Alma's Way - Cowboy Howard/Junior's Hair Salon	Amanpour and Company		
Tue 20	Daniel Tiger's Neighborhood	Rosie's Rules - Garbage Day/Crystal's Sneezey Day	Sesame Street - Jam Session Jam Up	Work It Out Wombats!	Donkey Hodie	Pinkalicious & Peterrific	Elinor Wonders Why - Big Trees/Baby Steps	Alma's Way	Amanpour and Company		
Wed 21	Daniel Tiger's Neighborhood	Rosie's Rules	Sesame Street	Work It Out Wombats!	Donkey Hodie - Snow Day/Snow Surprise Challenge	Pinkalicious & Peterrific	Elinor Wonders Why	Alma's Way	Amanpour and Company		
Thu 22	Daniel Tiger's Neighborhood	Rosie's Rules	Sesame Street	Work It Out Wombats!	Donkey Hodie	Pinkalicious & Peterrific	Elinor Wonders Why	Alma's Way - Cowboy Howard/Junior's Hair Salon	Amanpour and Company		
Fri 23	Daniel Tiger's Neighborhood	Rosie's Rules	Sesame Street - Jumpin' in the Rain	Work It Out Wombats!	Donkey Hodie - The Tree Swing/Book Club	Pinkalicious & Peterrific	Elinor Wonders Why	Alma's Way	Amanpour and Company		
Sat 24	Daniel Tiger's Neighborhood	Rosie's Rules	This Old House	Ask This Old House - Paint Ceiling, Squeaky Floor	Woodsmith Shop - Small Shop Solutions	Motorweek - 2026 Subaru Forester Wilderness	Steven Raichlen's Project Fire - The Pac-Rim Grill	Christopher Kimball's Milk Street Television	America's Test Kitchen - Catalan Supper	Pat's Mexican Table - Recados	
Sun 25	Consuelo Mack Wealthtrack	Energy Switch - Hydropower	The American Revolution 					America Made with Love 			
Mon 26	Daniel Tiger's Neighborhood	Rosie's Rules - Lights, Camera, Rosie!/Gatita Day	Sesame Street - A Trip to the Moon	Work It Out Wombats!	Donkey Hodie	Pinkalicious & Peterrific	Elinor Wonders Why	Alma's Way	Amanpour and Company		
Tue 27	Daniel Tiger's Neighborhood	Rosie's Rules - Wonder Walrus Live/Dinos In Space	Sesame Street - Mitzvah Day Mix-Up	Work It Out Wombats!	Donkey Hodie - A Donkey Hodie Road Trip	Pinkalicious & Peterrific	Elinor Wonders Why - Follow Your Nose/Leaf Charms	Alma's Way	Amanpour and Company		
Wed 28	Daniel Tiger's Neighborhood	Rosie's Rules	Sesame Street - Elmo Visits The Library	Work It Out Wombats!	Donkey Hodie	Pinkalicious & Peterrific	Elinor Wonders Why - Feed The Birds	Alma's Way - The Beach Blahs/The Last Sandcastle	Amanpour and Company		
Thu 29	Daniel Tiger's Neighborhood	Rosie's Rules - Fort Fuentes/Rosie's Derby Car	Sesame Street - A Trip to the Moon	Work It Out Wombats!	Donkey Hodie	Pinkalicious & Peterrific - Dojo Mojo/Googly Eyes	Elinor Wonders Why	Alma's Way - Alma on the Moo-Ve/The Lucas Look	Amanpour and Company		
Fri 30	Daniel Tiger's Neighborhood	Rosie's Rules	Sesame Street - Elmo Goes Down The Big Slide	Work It Out Wombats!	Donkey Hodie - What A Pickle/Scooter Blues	Pinkalicious & Peterrific	Elinor Wonders Why	Alma's Way - Cowboy Howard/Junior's Hair Salon	Amanpour and Company		
Sat 31	Daniel Tiger's Neighborhood	Rosie's Rules - Fort Fuentes/Rosie's Derby Car	This Old House	Ask This Old House	Woodsmith Shop - Lambert-Style Bookcase	Motorweek	Steven Raichlen's Project Fire	Christopher Kimball's Milk Street Television	America's Test Kitchen - Breakfast from Scratch	Pat's Mexican Table - Maya Today	



Christopher Kimball's Milk Street Television **New Bistro Classics**

January 3 at 12:30pm

Episode: 801H - Duration: 30 minutes - Rating: TVG

Christopher Kimball searches Paris for new spins on bistro classics, starting with a surprising take on French Onion Soup. Back at Milk Street, Rose Hattabaugh makes Oven-Baked Three-Layer Croque Monsieur Sandwiches, a fuss-free recipe that's doable on any night of the week. Finally, Rosemary Gill prepares a modern twist on garlic bread: Garlic Toasts with Goat Cheese and Herb Salad.



Pati's Mexican Table
A Family Affair

January 3 at 01:30pm
Episode: 1204H - Duration: 30 minutes - Rating: TVG

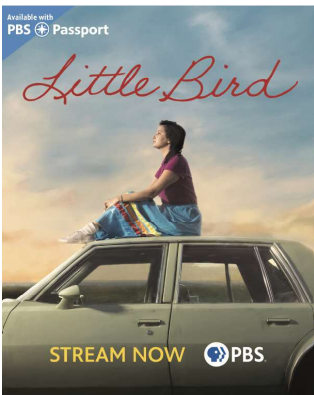
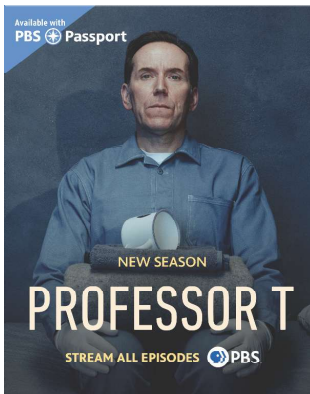
Pati visits Chef Wilson Alonzo in his hometown of Halachó to prepare a traditional Cochinita Pibil in an underground pit. They begin at the local market to source ingredients. Then Pati helps Wilson prepare the achiote marinade, along with his grandmother who taught him traditional cooking and isn't shy to correct him. The final product is a meal that captures Yucatán's history in every bite.



The American Revolution
An Asylum for Mankind

January 18 at 10:00am
Episode: 102S - Duration: 150 minutes - Rating: TV14

New Englanders rush to surround the British Army in Boston, but as war begins Americans find themselves sharply divided. After the Battle of Bunker's Hill, George Washington of Virginia arrives to command the newly created Continental Army. In July 1776, the Continental Congress issues the Declaration of Independence, insisting on the people's right to resist tyranny and govern themselves.



Date	2:00 pm	2:30 pm	3:00 pm	3:30 pm	4:00 pm	4:30 pm	5:00 pm	5:30 pm	6:00 pm	6:30 pm
Thu 01	Sit and Be Fit - Spinal Flexibility	Kitchen Curious With Vivian Howard - Beans & Rice	America's First Guru			Unforgettable Augustus Post	Rick Steves' Europe	America's Heartland	Dw The Day	BBC World News America
Fri 02	Sit and Be Fit - Improve Abdominal Strength	Christina Cooks: Back to the Cutting Board	This Old House - Asheville Silt and Stone	Ask This Old House - Garage Storage, Anode Rod	School of Greatness with Lewis Howes	To The Contrary with Bonnie Erbe	Rick Steves' Europe	California's Gold - Coit Tower	Dw The Day	BBC World News America
Sat 03	The Life of Loi: Mediterranean Secrets	Best of the Joy of Painting - Enchanted Falls Oval	Best of Sewing with Nancy	Fons & Porter's Love of Quilting	J Schwanke's Life In Bloom - Birds of a Feather	Garden Smart	Classic Gospel		PBS News Weekend	Washington Week with the Atlantic
Sun 04	Homeless Chorus Speaks		The Electric Indian		Jack Has A Plan		California's Gold - Busch Gardens	Weekends with Yankee - New England's Best	PBS News Weekend	Firing Line with Margaret Hoover
Mon 05	Sit and Be Fit - Building Blocks for Balance	America's Test Kitchen - Zesty Salmon and Salad	Lucy Worsley Investigates - Bloody Mary	All Creatures Great and Small On Masterpiece			Rick Steves' Europe	Samantha Brown's Places to Love	Dw The Day	BBC World News America
Tue 06	Sit and Be Fit - Keep Your Spine and Joints Happy	Christopher Kimball's Milk Street Television	Antiques Roadshow		Antiques Roadshow		Rick Steves' Europe	The Good Road	Dw The Day	BBC World News America
Wed 07	Sit and Be Fit - Tune Into Your Body	Cook's Country - Greens for Dinner	Finding Your Roots - American Dreams		Symphony Celebration: The Blind Boys of Alabama With Dr. Henry		Rick Steves' Europe	Bare Feet with Mickela Mallozzi - Havana, Cuba	Dw The Day	BBC World News America
Thu 08	Sit and Be Fit - Rhythm and Exercise	Kitchen Curious With Vivian Howard - Freezer	Nature - Hummingbirds of Hollywood		Nova - Arctic Sinkholes		Rick Steves' Europe	America's Heartland	Dw The Day	BBC World News America
Fri 09	Sit and Be Fit - Relieve Stress with Exercise	Christina Cooks: Back to the Cutting Board	This Old House - Asheville Putting Down Roots	Ask This Old House - Idaho Backyard Makeover	School of Greatness with Lewis Howes	To The Contrary with Bonnie Erbe	Rick Steves' Europe	California's Gold - Catalina Casino	Dw The Day	BBC World News America
Sat 10	The Life of Loi: Mediterranean Secrets	Best of the Joy of Painting - Windy Waves	Best of Sewing with Nancy	Fons & Porter's Love of Quilting	J Schwanke's Life In Bloom - Simply Flowers	Garden Smart	Classic Gospel		PBS News Weekend	Washington Week with the Atlantic
Sun 11	Finding Her Beat			Singing Our Way to Freedom			California's Gold - Avocado	Weekends with Yankee - Handmade in New England	PBS News Weekend	Firing Line with Margaret Hoover
Mon 12	Sit and Be Fit - TIC for Your Back	America's Test Kitchen	Miss Scarlet On Masterpiece - Secrets and Lies		All Creatures Great and Small On Masterpiece		Rick Steves' Europe	Samantha Brown's Places to Love	Dw The Day	BBC World News America
Tue 13	Sit and Be Fit - Another "Never Boring" Workout!	Christopher Kimball's Milk Street Television	Antiques Roadshow		Antiques Roadshow		Rick Steves' Europe	The Good Road - Havana, Cuba - Cuba Inc.	Dw The Day	BBC World News America
Wed 14	Sit and Be Fit - Fantastic Feet	Cook's Country - Upper Midwest Classics	Finding Your Roots - Great Migrations				Rick Steves' Europe	Curious Traveler	Dw The Day	BBC World News America
Thu 15	Sit and Be Fit - Move and Be Fit	Sara's Weeknight Meals - Magic Mediterranean Meals	Nature - Tusker: Brotherhood of Elephants		Nova - What Are Ufos?		Rick Steves' Europe	America's Heartland	Dw The Day	BBC World News America
Fri 16	Sit and Be Fit	Christina Cooks: Back to the Cutting Board	This Old House - Asheville Coming Home	Ask This Old House - Speakeasy Hidden Door	School of Greatness with Lewis Howes	To The Contrary with Bonnie Erbe	Rick Steves' Europe - Iceland's Ring Road	California's Gold - Elvis House	Dw The Day	BBC World News America
Sat 17	The Life of Loi: Mediterranean Secrets	Best of the Joy of Painting - Wooded Stream Oval	Best of Sewing with Nancy	Fons & Porter's Love of Quilting - Twilight Stars	J Schwanke's Life In Bloom - Hoorary for Hydrangeas	Garden Smart - Planting and Caring for Trees	Classic Gospel - Best of Booth Brothers		Horizons from PBS News - Episode 1	Washington Week with the Atlantic
Sun 18	King Celebration Concert			Training for Freedom	Jim Crow of the North		Climate California - Reclamation	Weekends with Yankee - Little-Known New England	Compass Points from PBS News - Episode 1	Firing Line with Margaret Hoover
Mon 19	Sit and Be Fit	America's Test Kitchen	Miss Scarlet On Masterpiece - Trafalgar Spring		All Creatures Great and Small On Masterpiece		Rick Steves' Europe	Samantha Brown's Places to Love	Dw The Day	BBC World News America
Tue 20	Sit and Be Fit	Christopher Kimball's Milk Street Television	Antiques Roadshow		Antiques Roadshow		Rick Steves' Europe - Poland's Warsaw and Gdansk	Epic Trails - Banff & Lake Louise	Dw The Day	BBC World News America
Wed 21	Sit and Be Fit	Cook's Country - Inspiring Shrimp Suppers	Finding Your Roots - Caribbean Roots		Breaking The Deadlock - A Matter of Life and Death		Rick Steves' Europe - Italy's Highlights	Curious Traveler - Curious Brussels	Dw The Day	BBC World News America
Thu 22	Sit and Be Fit	Sara's Weeknight Meals	Nature - San Diego: America's Wildest City		Nova - Asteroids: Spark of Life?		Rick Steves' Europe	America's Heartland	Dw The Day	BBC World News America
Fri 23	Sit and Be Fit	Christina Cooks: Back to the Cutting Board	This Old House	Ask This Old House - Paint Ceiling, Squeaky Floor	School of Greatness with Lewis Howes	To The Contrary with Bonnie Erbe	Rick Steves' Europe - Paris of the Parisians	California's Gold - Cape Mendocino Lighthouse	Dw The Day	BBC World News America
Sat 24	The Life of Loi: Mediterranean Secrets	Best of the Joy of Painting	Best of Sewing with Nancy	Fons & Porter's Love of Quilting	J Schwanke's Life In Bloom - What Goes Around	Garden Smart - Lessons Learned from Older Gardens	Classic Gospel - Rory Feek: Gentleman		Horizons from PBS News - Episode 2	Washington Week with the Atlantic
Sun 25	The Last Musician of Auschwitz			Trezoros: The Lost Jews of Kastoria			Climate California - The Songs of Strangers	Weekends with Yankee	Compass Points from PBS News - Episode 2	Firing Line with Margaret Hoover
Mon 26	Sit and Be Fit	America's Test Kitchen - Catalan Supper	Miss Scarlet On Masterpiece - The Delivery		All Creatures Great and Small On Masterpiece		Rick Steves' Europe	Samantha Brown's Places to Love	Dw The Day	BBC World News America
Tue 27	Sit and Be Fit	Christopher Kimball's Milk Street Television	Antiques Roadshow		Antiques Roadshow - Old Sturbridge Village Hour 1		Rick Steves' Europe - Istanbul: Turkish Delights	Epic Trails - Australia's Northern Territory	Dw The Day	BBC World News America
Wed 28	Sit and Be Fit	Cook's Country - Glazed Pork and Potatoes	Finding Your Roots - The Road We Took		Blue - The Life and Art of George Rodrigue		Rick Steves' Europe - London: A Royal Tour	Curious Traveler - Curious Cardiff	Dw The Day	BBC World News America
Thu 29	Sit and Be Fit	Sara's Weeknight Meals - Franco Spanish Feast	Nature - Expedition Killer Whale		Nova - Angkor: Hidden Jungle Empire		Rick Steves' Europe - London: Yesterday and Today	America's Heartland	Dw The Day	BBC World News America
Fri 30	Sit and Be Fit	Christina Cooks: Back to the Cutting Board	This Old House	Ask This Old House	School of Greatness with Lewis Howes	To The Contrary with Bonnie Erbe	Rick Steves' Europe - France's Dordogne	California's Gold - Masumoto Family Farm	Dw The Day	BBC World News America
Sat 31	The Life of Loi: Mediterranean Secrets	Best of the Joy of Painting - An Arctic Winter Day	Best of Sewing with Nancy	Fons & Porter's Love of Quilting	J Schwanke's Life In Bloom - Tropical Bloom	Garden Smart - Gardening in New York City	Classic Gospel - Guy Penrod Live: Hymns & Worship		Horizons from PBS News - Episode 3	Washington Week with the Atlantic



Rick Steves' Europe **Rick Steves' Europe: Art of the 20th Century**

January 14 at 05:00pm Episode: 1212H - Duration: 30 minutes - Rating: TVPG

Europe's tumultuous 20th century spawned a kaleidoscope of cutting-edge art. From Spain to Hungary, Glasgow to Oslo, we seek out all that's wild, colorful, surreal, and just plain fun. The fascinating work of Pablo Picasso leads us through the century's major art styles. And in today's gleaming cities, we see how a persistent artistic spirit connects us with both our past and an exciting future.



Nature
Hummingbirds of Hollywood
January 8 at 03:00pm

Episode: 4313# - Duration: 60 minutes - Rating: TVPG
Amid the glamour of Hollywood, a woman finds herself on a transformative journey as she nurtures wounded hummingbirds, unraveling a visually captivating tale of love, fragility, healing, and the delicate beauty in profound acts of kindness.



School of Greatness with Lewis Howes
Michelle Obama & Craig Robinson
January 9 at 04:00pm

Episode: 501H - Duration: 30 minutes - Rating: TVPG
Michelle Obama and her brother Craig Robinson share stories of family bonds, reveal how testing Barack's basketball skills became a crucial character assessment and discuss why their tiny Chicago apartment upbringing prepared them for White House challenges. This sibling powerhouse delivers practical wisdom on raising grounded children amid privilege and defining greatness beyond achievement.



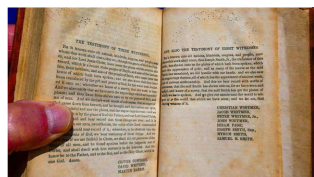
The Life of Loi: Mediterranean Secrets
Simple Elegance
January 10 at 02:00pm

Episode: 204H - Duration: 30 minutes - Rating: TVG
Chef Maria Loi brings us to the simply elegant Costa Navarino for a back-to-nature experience. Maria boards a boat with Chef Bertrand Valegeas where they make Marinated Tuna, before heading to the Mandarin Oriental to prepare Chicken with Okra. Back in New York, Maria shows us how to make dishes inspired by her travels, and the Mediterranean diet: Marinated Sea Bass, and Okra prepared two ways.



Cook's Country
Upper Midwest Classics
January 14 at 02:30pm

Episode: 1813H - Duration: 30 minutes - Rating: TVG
Test cook Bryan Roof travels to Wisconsin where he explores their supper club traditions and then makes host Julia Collin Davison Supper Club Chicken Cordon Bleu. And test cook Christie Morrison makes host Bridget Lancaster Cornish Pasties.



Antiques Roadshow
Red Butte Garden & Arboretum, Hour 3
January 20 at 03:00pm

Episode: 3003# - Duration: 60 minutes - Rating: TVG
Watch Ken Gloss's appraisal of an 1840 Book of Mormon in Red Butte Garden & Arboretum, Hour 2!



Christina Cooks: Back to the Cutting Board
Eating Locally
January 23 at 02:30pm

Episode: 504H - Duration: 30 minutes - Rating: TVG
What does "local food" actually mean? It can be as simple as eating most of your diet from foods grown within your own home state. But does eating locally mean no imported foods like Italian olive oil? Flour grown and milled in another state? Christina visits an urban farmer in Philadelphia dedicated to creating access to fresh food for everyone.



Best of the Joy of Painting
An Arctic Winter Day
January 31 at 02:30pm

Episode: 4214H - Duration: 30 minutes - Rating: TVG
Travel along with Bob Ross and discover the serenity of a quiet cabin nestled in a frozen moment.



J Schwanke's Life In Bloom
Tropical Bloom
January 31 at 04:00pm

Episode: 413H - Duration: 30 minutes - Rating: TVG
06/24/2022

Date	7:00 pm	7:30 pm	8:00 pm	8:30 pm	9:00 pm	9:30 pm	10:00 pm	10:30 pm	11:00 pm	11:30 pm
Thu 01	PBS News Hour		Great Performances			Great Performances			Amanpour and Company	
Fri 02	PBS News Hour		Washington Week with the Atlantic	Firing Line with Margaret Hoover	Independent Lens - We Want The Funk!			American Experience - The War On Disco	Amanpour and Company	
Sat 03	The Lawrence Welk Show - Salute to Disney		Rfids: Royal Flying Doctor Service - Sieve & Sort		Seaside Hotel - Homesick	Seaside Hotel - No Business Like Show Business			Austin City Limits - Jenny Lewis/Muna	
Sun 04	Celebrity Antiques Road Trip		Lucy Worsley Investigates - Bloody Mary		All Creatures Great and Small On Masterpiece		Cats of Malta		Public Defender	
Mon 05	PBS News Hour		Antiques Roadshow		Antiques Roadshow		American Masters			Amanpour and Company
Tue 06	PBS News Hour		Finding Your Roots - American Dreams		American Experience - Bombshell			The American Revolution: An Inside Look	Amanpour and Company	
Wed 07	PBS News Hour		Nature - Hummingbirds of Hollywood		Nova - Arctic Sinkholes		Weathered: After The La Firestorm		Amanpour and Company	
Thu 08	PBS News Hour		This Old House - Asheville Putting Down Roots	Ask This Old House - Idaho Backyard Makeover	Seaside Hotel - Homesick	Seaside Hotel - No Business Like Show Business			Amanpour and Company	
Fri 09	PBS News Hour		Washington Week with the Atlantic	Firing Line with Margaret Hoover	The American Revolution - In Order to Be Free				Amanpour and Company	
Sat 10	The Lawrence Welk Show - Big Bands		Rfids: Royal Flying Doctor Service		Seaside Hotel - Secrets		Banana Grape Stomp	The Caverns Sessions - Shakey Graves	Austin City Limits - Bonnie Raitt	
Sun 11	Celebrity Antiques Road Trip		Miss Scarlet On Masterpiece - Secrets and Lies		All Creatures Great and Small On Masterpiece		Bookish - Slightly Foxed: Part 1			
Mon 12	PBS News Hour		Antiques Roadshow		Antiques Roadshow		Voces: American Sons		Amanpour and Company	
Tue 13	PBS News Hour		Finding Your Roots - Great Migrations		Lucy Worsley Investigates - William The Conqueror		Lucy Worsley Investigates - Madness of King George		Amanpour and Company	
Wed 14	PBS News Hour		Nature - Tusker: Brotherhood of Elephants		Nova - What Are Ufos?		Secrets of the Dead		Amanpour and Company	
Thu 15	PBS News Hour		This Old House - Asheville Coming Home	Ask This Old House - Speakeasy Hidden Door	Seaside Hotel - Secrets		Murder in the Mountains - In The Dead Spot		Amanpour and Company	
Fri 16	PBS News Hour		Washington Week with the Atlantic	Firing Line with Margaret Hoover	The American Revolution - An Asylum for Mankind				Amanpour and Company	
Sat 17	The Lawrence Welk Show - Songs from the Classica		Rfids: Royal Flying Doctor Service - Source Control		Seaside Hotel - Rain, Rain, Rain		Banana Grape Stomp	The Caverns Sessions - Ruby Waters	Austin City Limits - Renee Rapp/Thee Sacred Souls	
Sun 18	Celebrity Antiques Road Trip		Miss Scarlet On Masterpiece - Trafalgar Spring		All Creatures Great and Small On Masterpiece		Bookish - Slightly Foxed: Part 2		Murder in the Mountains - In The Dead Spot	
Mon 19	PBS News Hour		Antiques Roadshow		Antiques Roadshow		Becoming Thurgood: America's Social Architect		Amanpour and Company	
Tue 20	PBS News Hour		Finding Your Roots - Caribbean Roots		Breaking The Deadlock - A Matter of Life and Death		Frontline - 2,000 Meters to Andriivka			
Wed 21	PBS News Hour		Nature - San Diego: America's Wildest City		Nova - Asteroids: Spark of Life?		Secrets of the Dead		Amanpour and Company	
Thu 22	PBS News Hour		This Old House	Ask This Old House - Paint Ceiling, Squeaky Floor	Seaside Hotel - Rain, Rain, Rain		Murder in the Mountains - Vintage Love		Amanpour and Company	
Fri 23	PBS News Hour		Washington Week with the Atlantic	Firing Line with Margaret Hoover	The American Revolution				Amanpour and Company	
Sat 24	The Lawrence Welk Show - America's Wonderland		Rfids: Royal Flying Doctor Service - Non Negative		Seaside Hotel - Resistance and Hope		Banana Grape Stomp	The Caverns Sessions - Violent Femmes	Austin City Limits - Marcus King Band/Wyatt Flores	
Sun 25	Celebrity Antiques Road Trip		Miss Scarlet On Masterpiece - The Delivery		All Creatures Great and Small On Masterpiece		Bookish - Deadly Nitrate: Part 1		Murder in the Mountains - Vintage Love	
Mon 26	PBS News Hour		Antiques Roadshow		Antiques Roadshow - Old Sturbridge Village Hour 1		Independent Lens - Vivien's Wild Ride		Amanpour and Company	
Tue 27	PBS News Hour		Finding Your Roots - The Road We Took		American Masters - Elie Wiesel: Soul On Fire			Simon Schama: The Holocaust, 80 Years On	Amanpour and Company	
Wed 28	PBS News Hour		Nature - Expedition Killer Whale		Nova - Angkor: Hidden Jungle Empire		Secrets of the Dead - Queens of Combat		Amanpour and Company	
Thu 29	PBS News Hour		This Old House	Ask This Old House	Seaside Hotel - Resistance and Hope		Murder in the Mountains - Under Surveillance		Amanpour and Company	
Fri 30	PBS News Hour		Washington Week with the Atlantic	Firing Line with Margaret Hoover	The American Revolution - Conquer by a Drawn Game				Amanpour and Company	
Sat 31	The Lawrence Welk Show - 25th Anniversary Show		Rfids: Royal Flying Doctor Service - Blood		Seaside Hotel - Buy, Sell, and Rosita		Banana Grape Stomp	The Caverns Sessions - Bronwyn Keith-Hynes	The Caverns Sessions - Armchair Boogie	Austin City Limits - Queens of the Stone Age



Voces: American Sons

January 12 at 10:00pm Episode: 0# - Duration: 60 minutes - Rating: None

Meet a brotherhood of Marines as they struggle to overcome the trauma of combat in Afghanistan and the loss of many of their comrades, including their dear friend JV Villarreal. Now, a decade after JV's death, his brother Marines continue to reunite, helping each other cope with lingering wounds and strengthening the unbreakable bonds formed in war.



Independent Lens
We Want The Funk!
January 2 at 09:00pm

Episode: 2615H - Duration: 90 minutes - Rating: TV14
WE WANT THE FUNK! is a syncopated voyage through the history of funk music, spanning from African, soul, and early jazz roots, to its rise into the public consciousness. Featuring James Brown's dynamism, the extraterrestrial funk of George Clinton's Parliament Funkadelic, transformed girl group Labelle, and Fela Kuti's Afrobeat, the story also traces funk's influences on both new wave and hip-hop.



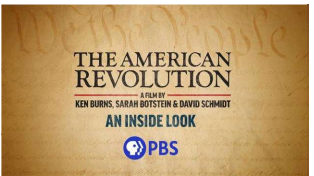
Austin City Limits
Jenny Lewis/MUNA
January 3 at 11:00pm

Episode: 4902H - Duration: 60 minutes - Rating: TVPG
 Singer/songwriter Jenny Lewis returns to Austin City Limits in support of her acclaimed album Joy'all, while Taylor Swift-approved pop trio MUNA makes their ACL debut with their self-titled third LP.



Lucy Worsley Investigates
Bloody Mary
January 4 at 08:00pm

Episode: 204H - Duration: 60 minutes - Rating: TVPG
 Lucy investigates whether England's first ruling female monarch was as bloody as history suggests.



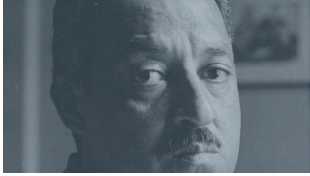
The American Revolution: An Inside Look
January 6 at 10:30pm

Episode: 0H - Duration: 30 minutes - Rating: TV14
 Step behind the scenes of Ken Burns's new film to see how The American Revolution came to life. Through shooting locations, historical re-enactments, and exclusive video clips, meet the master storytellers who brought the story of the Revolution to life in a compelling visual story.



Rfids: Royal Flying Doctor Service
Separation Anxiety
January 10 at 08:00pm

Episode: 302H - Duration: 60 minutes - Rating: TV14
 Still rattled from the bus crash, Eliza second-guesses her diagnosis and decision-making when a local grazier is found collapsed on his property. Pete and Wayne struggle to separate work from their personal issues while on a retrieval and a mid-air incident puts multiple lives in danger.



Becoming Thurgood: America's Social Architect
January 19 at 10:00pm

Episode: 0 - Duration: 60 minutes - Rating: TV14
 Explore the life and legacy of the nation's first African American Supreme Court justice. The film follows Justice Marshall, known as "Mr. Civil Rights," from his legal career with the NAACP to his 1967 appointment to the nation's highest court.



Murder in the Mountains
Vintage Love
January 25 at 11:00pm

Episode: 102H - Duration: 60 minutes - Rating: TV14
 A launch party at a scandalous new singles club has deadly consequences.



The Caverns Sessions
Armchair Boogie
January 31 at 11:00pm

Episode: 406H - Duration: 30 minutes - Rating: TVPG
 Armchair Boogie blends Jamgrass, Funk, and Country into a sound that's as infectious as it is unexpected.

Date	9:00 am	9:30 am	10:00 am	10:30 am	11:00 am	11:30 am	12:00 pm	12:30 pm	1:00 pm	1:30 pm
Thu 01	Maria's Portuguese Table	Christopher Kimball's Milk Street Television	Fons & Porter's Love of Quilting - Twizzles	Pocket Sketching with Kath Macaulay - Wet In Wet	American Woodshop	Yoga In Practice - Where You Look Matters	Fons & Porter's Love of Quilting - Twizzles	Cook's Country - Grilled Chicken, Two Ways	Maria's Portuguese Table	Christopher Kimball's Milk Street Television
Fri 02	Healthful Indian Flavors with Alamelu	America's Test Kitchen - Plum and Pear Desserts	Curious Traveler - Curious Tallinn	Best of Sewing with Nancy	This Old House	Ask This Old House	Curious Traveler - Curious Tallinn	America's Test Kitchen - Canning Classics	Healthful Indian Flavors with Alamelu	America's Test Kitchen - Plum and Pear Desserts
Sat 03	Your Fountain of Youth with Lee Holden	Classical Stretch: By Essentrics - Energy Boosting	Yndi Yoga - Truth	Happy Yoga with Sarah Starr - Sunset Haven	Yoga In Practice - Find Balance to Find Peace	Your Fountain of Youth with Lee Holden	This Old House	Ask This Old House	America's Test Kitchen - Plum and Pear Desserts	Cook's Country - Chicken and Cornbread
Sun 04	Classical Stretch: By Essentrics	Yndi Yoga - Courage	Happy Yoga with Sarah Starr - Peaceful Woods	Yoga In Practice - Breath and Relaxation	Your Fountain of Youth with Lee Holden	Classical Stretch: By Essentrics - Energy Boosting	Yndi Yoga - Truth	Happy Yoga with Sarah Starr - Sunset Haven	Yoga In Practice - Find Balance to Find Peace	Your Fountain of Youth with Lee Holden
Mon 05	Essential Pepin - Cattle Call	People of the North - Silver of the Sea	Curious Traveler - Switzerland's Curious Castles	Fons & Porter's Love of Quilting - Twizzles	This Old House - Asheville Silt and Stone	Ask This Old House - Garage Storage, Anode Rod	Curious Traveler - Switzerland's Curious Castles	America's Test Kitchen - Steak and Veggies	Essential Pepin - Cattle Call	100 Days, Drinks, Dishes and Destinations
Tue 06	Pati's Mexican Table - Tucson: Gateway to Sonora	Table for All with Buki ELEGEBDE	Dream of Italy - Tuscany	Fresh Quilting - Piecing	This Old House - Atlanta Welcome to Atlanta	J Schwanke's Life In Bloom - Flowers Can	Dream of Italy - Tuscany	Cook's Country - Tacos Two Ways	Pati's Mexican Table - Tucson: Gateway to Sonora	Table for All with Buki ELEGEBDE
Wed 07	Cook's Country - Greens for Dinner	America's Test Kitchen - Autumn Desserts	Bare Feet with Mickela Mallozzi	Joy of Painting with Nicholas Hankins: Bob Ross' Unfinished Season	This Old House - Atlanta Unsafe Structures	Yndi Yoga - Structure	Bare Feet with Mickela Mallozzi	America's Test Kitchen - Mediterranean Grill	Cook's Country - Greens for Dinner	America's Test Kitchen - Autumn Desserts
Thu 08	Maria's Portuguese Table - Terceira, Azores	Christopher Kimball's Milk Street Television	Wild Travels	Quilting Arts - Quilting by Machine	This Old House - Atlanta School of Hvac	Yoga In Practice - Remembrance	Wild Travels	Cook's Country	Maria's Portuguese Table - Terceira, Azores	Christopher Kimball's Milk Street Television
Fri 09	Healthful Indian Flavors with Alamelu	America's Test Kitchen - Zesty Salmon and Salad	Curious Traveler - Curious Aix-En-Provence & Arles	Best of Sewing with Nancy	This Old House - Atlanta Cardboard Kitchen	Ask This Old House - Garage Storage, Anode Rod	Curious Traveler - Curious Aix-En-Provence & Arles	America's Test Kitchen - A Spanish Affair	Healthful Indian Flavors with Alamelu	America's Test Kitchen - Zesty Salmon and Salad
Sat 10	Pati Jinich Explores Panamericana		Pati's Mexican Table - Tucson: Gateway to Sonora	Pati's Mexican Table - Loreto: Baja's Hidden Gem	Pati's Mexican Table - New York	Pati's Mexican Table - Welcome to Guadalajara	This Old House - Asheville Silt and Stone	Ask This Old House - Garage Storage, Anode Rod	America's Test Kitchen - Zesty Salmon and Salad	Cook's Country - Holiday Feast
Sun 11	Pati Jinich Explores Panamericana		Pati Jinich Explores Panamericana		Pati Jinich Explores Panamericana		Pati's Mexican Table - Tucson: Gateway to Sonora	Pati's Mexican Table - Loreto: Baja's Hidden Gem	Pati's Mexican Table - New York	Pati's Mexican Table - Welcome to Guadalajara
Mon 12	Essential Pepin - Fruit Fete	People of the North - Noble Adventures	Curious Traveler - Netherlands' Curious Unesco	Fons & Porter's Love of Quilting - Tea Time	This Old House - Asheville Putting Down Roots	Ask This Old House - Idaho Backyard Makeover	Curious Traveler - Netherlands' Curious Unesco	America's Test Kitchen - Fast Food Makeovers	Essential Pepin - Fruit Fete	100 Days, Drinks, Dishes and Destinations
Tue 13	Pati's Mexican Table - Hermosillo Food Crawl	Table for All with Buki ELEGEBDE	Dream of Italy - Rome	Fresh Quilting - Scrips	This Old House - Atlanta Whole House Protection	J Schwanke's Life In Bloom - Flower Crafts	Dream of Italy - Rome	Cook's Country - Herbaceous Chicken and Potatoes	Pati's Mexican Table - Hermosillo Food Crawl	Table for All with Buki ELEGEBDE
Wed 14	Cook's Country - Upper Midwest Classics	America's Test Kitchen - Chinese Takeout, Revised	Bare Feet with Mickela Mallozzi	Joy of Painting with Nicholas Hankins: Bob Ross' Unfinished Season	This Old House	Yndi Yoga - Roots	Bare Feet with Mickela Mallozzi	America's Test Kitchen - Summer Dinner Party	Cook's Country - Upper Midwest Classics	America's Test Kitchen - Chinese Takeout, Revised
Thu 15	Maria's Portuguese Table - Sao Jorge, Azores	Christopher Kimball's Milk Street Television	Wild Travels	Quilting Arts	This Old House - Atlanta Repainted and Planted	Yoga In Practice	Wild Travels	Cook's Country - Italian Comfort Food	Maria's Portuguese Table - Sao Jorge, Azores	Christopher Kimball's Milk Street Television
Fri 16	Healthful Indian Flavors with Alamelu	America's Test Kitchen	Curious Traveler - Curious Dijon & Beaune	Best of Sewing with Nancy	This Old House - Atlanta Families Meet	Ask This Old House - Idaho Backyard Makeover	Curious Traveler - Curious Dijon & Beaune	America's Test Kitchen - Summer Pork Supper	Healthful Indian Flavors with Alamelu	America's Test Kitchen
Sat 17	America's Test Kitchen - A Trip to Rome	America's Test Kitchen	America's Test Kitchen - Italian-Inspired Dinners	America's Test Kitchen - Shareable Spanish Fare	America's Test Kitchen - Starring: Tomatoes	America's Test Kitchen - Flavor-Packed Pastas	This Old House - Asheville Putting Down Roots	Ask This Old House - Idaho Backyard Makeover	America's Test Kitchen	Cook's Country - Taste of Summer
Sun 18	America's Test Kitchen	America's Test Kitchen - Mediterranean Grill	America's Test Kitchen - Two Classic Pastas	America's Test Kitchen - A Spanish Affair	America's Test Kitchen - A Trip to Rome	America's Test Kitchen	America's Test Kitchen - Italian-Inspired Dinners	America's Test Kitchen - Shareable Spanish Fare	America's Test Kitchen - Starring: Tomatoes	America's Test Kitchen - Flavor-Packed Pastas
Mon 19	Essential Pepin - Vegetable Bounty	People of the North - A Day of Celebration	Curious Traveler	Fons & Porter's Love of Quilting - Cactus Basket	This Old House - Asheville Coming Home	Ask This Old House - Speakeasy Hidden Door	Curious Traveler	America's Test Kitchen - Comfort Classics	Essential Pepin - Vegetable Bounty	Wine First - Mosel Valley
Tue 20	Pati's Mexican Table	Table for All with Buki ELEGEBDE	Dream of Italy - Umbria	Fresh Quilting - More Modern Blocks	This Old House	J Schwanke's Life In Bloom	Dream of Italy - Umbria	Cook's Country - Chicken and Biscuits	Pati's Mexican Table	Table for All with Buki ELEGEBDE
Wed 21	Cook's Country - Inspiring Shrimp Suppers	America's Test Kitchen - Elegant Fall Dinner	Bare Feet with Mickela Mallozzi	Joy of Painting with Nicholas Hankins: Bob Ross' Unfinished Season	This Old House - Newburyport Powering Through	Yndi Yoga - Truth	Bare Feet with Mickela Mallozzi	America's Test Kitchen - Eggs for the Holidays	Cook's Country - Inspiring Shrimp Suppers	America's Test Kitchen - Elegant Fall Dinner
Thu 22	Maria's Portuguese Table - Sao Jorge and Pico	Christopher Kimball's Milk Street Television	Wild Travels	Quilting Arts - Applique Two Ways	This Old House - Newburyport Demo Find	Yoga In Practice - Your Practice Is A Journey	Wild Travels	Cook's Country - Pennsylvania Dutch Country	Maria's Portuguese Table - Sao Jorge and Pico	Christopher Kimball's Milk Street Television
Fri 23	Healthful Indian Flavors with Alamelu	America's Test Kitchen	Curious Traveler - Curious Krakow	Best of Sewing with Nancy	This Old House - Newburyport Design Talk	Ask This Old House - Speakeasy Hidden Door	Curious Traveler - Curious Krakow	America's Test Kitchen - A Trip to Rome	Healthful Indian Flavors with Alamelu	America's Test Kitchen
Sat 24	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	This Old House - Asheville Coming Home	Ask This Old House - Speakeasy Hidden Door	America's Test Kitchen	Cook's Country
Sun 25	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love
Mon 26	Essential Pepin - Family Favorites	People of the North - Trails to Spring	Curious Traveler - Curious Bern	Fons & Porter's Love of Quilting	This Old House	Ask This Old House - Paint Ceiling, Squeaky Floor	Curious Traveler - Curious Bern	America's Test Kitchen - Pork and Potatoes	Essential Pepin - Family Favorites	Wine First - Rheingau
Tue 27	Pati's Mexican Table - Carne Asada with La Familia	Table for All with Buki ELEGEBDE	Dream of Italy - Naples/Amalfi Coast	Fresh Quilting - Negative Space	This Old House	J Schwanke's Life In Bloom - Fun with Flower Frogs	Dream of Italy - Naples/Amalfi Coast	Cook's Country - Motor City Favorites	Pati's Mexican Table - Carne Asada with La Familia	Table for All with Buki ELEGEBDE
Wed 28	Cook's Country - Glazed Pork and Potatoes	America's Test Kitchen - Canning Classics	Bare Feet with Mickela Mallozzi - Northern Ireland	Joy of Painting with Nicholas Hankins: Unfinished Season	This Old House - Newburyport Bed Race	Yndi Yoga - Acceptance	Bare Feet with Mickela Mallozzi - Northern Ireland	America's Test Kitchen - Spiced and Sweet	Cook's Country - Glazed Pork and Potatoes	America's Test Kitchen - Canning Classics
Thu 29	Maria's Portuguese Table - Faial	Christopher Kimball's Milk Street Television	Wild Travels	Quilting Arts - Free to Improvise	This Old House - Ipswich This Really Old House	Yoga In Practice	Wild Travels	Cook's Country - Never Enough Chocolate	Maria's Portuguese Table - Faial	Christopher Kimball's Milk Street Television
Fri 30	Healthful Indian Flavors with Alamelu	America's Test Kitchen - Catalan Supper	Curious Traveler	Best of Sewing with Nancy	This Old House - Ipswich Secrets Behind The Wall	Ask This Old House - Paint Ceiling, Squeaky Floor	Curious Traveler	America's Test Kitchen - Two Classic Pastas	Healthful Indian Flavors with Alamelu	America's Test Kitchen - Catalan Supper
Sat 31	People of the North	New Scandinavian Cooking - A Taste of Winter	New Scandinavian Cooking	New Scandinavian Cooking - Danish Influences	New Scandinavian Cooking - Arctic Fire	New Scandinavian Cooking - A World of Flavors	This Old House	Ask This Old House - Paint Ceiling, Squeaky Floor	America's Test Kitchen - Catalan Supper	Cook's Country - Pennsylvania Dutch Country

@create January Daytime Highlights



Samantha Brown's Places to Love

January 25 at 11:00am

Episode: 902H - Duration: 30 minutes - Rating: TVG

Samantha joins the Boston University Women's Lightweight Rowing team and learns the craft of shucking oysters at The Union Oyster House. Along the Freedom Trail, Samantha visits the Old South Meeting House and learns the importance of its roots as the planning place for the Boston Tea Party. Samantha tours the Roxbury neighborhood and discusses Dr. Martin Luther King, Jr.'s connection to Boston.



Ask This Old House Regrade Lawn, Solid Core Doors January 2 at 11:30am

Episode: 2408H - Duration: 30 minutes - Rating: TVG
Lee Gilliam helps a couple regrade their backyard to prevent water pooling and demonstrates ways to improve their lawn's health. Jenn Nawada showcases houseplants that thrive in direct sun, partial sun, or low light - proving there's a perfect plant for any space. Nathan Gilbert helps a homeowner replace his hollow core doors to solid core for improved durability, aesthetics, and soundproofing.



Cook's Country Greens for Dinner January 7 at 09:00am

Episode: 1812H - Duration: 30 minutes - Rating: TVG
Test cook Christie Morrison prepares a Pesto Lasagna for host Bridget Lancaster. Equipment expert Hannah Crowley reviews electric wine openers. Toni Tipton-Martin takes us through the history of lasagna. And test cook Morgan Bolling makes host Julia Collin Davison the Ultimate Caesar Salad.



Christopher Kimball's Milk Street Television Milk Street Sweets January 8 at 09:30am

Episode: 311H - Duration: 30 minutes - Rating: TVG
In this episode, we make our favorite Milk Street sweets including rich and gooey Maple-Whiskey Pudding Cakes and perfectly textured Chocolate-Almond Spice Cookies. Briana Holt of Portland's Tandem Coffee and Bakery then stops by for a Milk Street Visit, where she walks Chris through a recipe for Triple Ginger Scones with Chocolate Chunks.



Essential Pepin Vegetable Bounty January 19 at 09:00am

Episode: 113H - Duration: 30 minutes - Rating: TVG
Guest chef Roland Passot of La Folie Restaurant in San Francisco joins Jacques to taste Endive with Olives. He then prepares a hearty bowl of Stewed Navy Beans followed by a Gratin of Leeks before Roland joins him again to make the Classic Ratatouille and a country dish of Tomatoes Maison.



Pati's Mexican Table The Blessing and the Benefit January 20 at 01:00pm

Episode: 903H - Duration: 30 minutes - Rating: TVG
Pati experiences two important Sonoran culinary traditions. First, on the coast in Bahia Kino, local fishermen receive "the blessing" from a woman from the Seri tribe before heading out on the water to catch giant sea scallops. Then, in the mountain town of Matape, Nere, one of Sonora's few female butchers, skillfully breaks down a cow to feed the community in a tradition called "the benefit."



Curious Traveler Curious Krakow January 23 at 10:00am

Episode: 608H - Duration: 30 minutes - Rating: TVG
Christine ventures through the beautiful streets of Kraków to learn its Medieval, Renaissance and Enlightenment history. She tours Copernicus' alma mater, Jagiellonian University and Collegium Maius, and learns about the Lajkonik legend at the Krzysztofory Palace Museum. After a trek up to Wawel Castle, she heads to Old Town for the annual Wawel Dragon legend and parade.



This Old House Newburyport | Off-The-Shelf Custom Look January 27 at 11:00am

Episode: 4413H - Duration: 30 minutes - Rating: TVG
A change in season from Spring to Summer is the perfect time for landscaping. Jenn Nawada meets with homeowners Palen and Melissa to add curb appeal to their yard. Kevin O'Connor helps Charlie Silva and Tom Silva with building a custom desk using off-the-shelf material. Heath installs an electric vehicle charger. Mauro Henrique gives the secret to achieving a high gloss finish on front doors.



Table for All with Buki Elegbede A Trip Through The Flavors & Flair of Latin America January 27 at 01:30pm

Episode: 110H - Duration: 30 minutes - Rating: TVG
Explore the Latin American communities and cultures in the Tri-State area. Radio host Carolina Bermudez shares Nicaraguan recipes. Mexican Chicano culture is on display at a Cinco de Mayo party in North Brunswick, NJ and host, Buki Elegbede is invited to an authentic Venezuelan feast with an asylum seeker who created a non-profit to help other Venezuelans fleeing political persecution.

Date	2:00 pm	2:30 pm	3:00 pm	3:30 pm	4:00 pm	4:30 pm	5:00 pm	5:30 pm	6:00 pm	6:30 pm
Thu 01	View Finders - Sapelo Island	Joseph Rosendo's Steppin' Out	Rick Steves' Europe	Fork & Hammer - Summer Soiree	Kevin Belton's New Orleans Celebrations	Pati's Mexican Table - Hermosillo Food Crawl	Christopher Kimball's Milk Street Television	Fork & Hammer - Summer Soiree	Sara's Weeknight Meals - Six Ingredient Meals	Sara's Weeknight Meals - Breakfast for Dinner
Fri 02	Cycle Around Japan Highlights	Samantha Brown's Places to Love	Rick Steves' Europe	Fork & Hammer - Cocina Espanola	Milk Street's My Family Recipe	Cook's Country - The Perfect Cake	America's Test Kitchen - Baked Alaska Showstopper	Fork & Hammer - Cocina Espanola	Classical Stretch: By Essentrics	Yndi Yoga - Courage
Sat 03	Rick Steves Poland		Rick Steves' Europe	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Pati's Mexican Table	Somewhere South - It's A Greens Thing		Best of the Joy of Painting - Toward Day's End	Best of the Joy of Painting - Rowboat on the Beach
Sun 04	Fork & Hammer - Hallelujah! Leluia Hall	My Greek Table with Diane Kochilas	Louisiana Coastal Cooking	The Life of Loi: Mediterranean Secrets	To Dine for with Kate Sullivan	Cook's Country - Roast Beef and Potatoes	Somewhere South - How Do You Cue?		Classical Stretch: By Essentrics	Yndi Yoga - Courage
Mon 05	Burt Wolf: Travels & Traditions	Weekends with Yankee - Handmade In New England	Rick Steves' Europe - Western Turkey	Fork & Hammer - Fried Chicken Around The World	My Greek Table with Diane Kochilas	Cook's Country - Pork and Pie	America's Test Kitchen - Zesty Salmon and Salad	Fork & Hammer - Fried Chicken Around The World	Happy Yoga with Sarah Starr - Peaceful Woods	Yoga In Practice - Breath and Relaxation
Tue 06	Have Guitar Will Travel World	Joseph Rosendo's Steppin' Out	Rick Steves' Europe - Central Turkey	Fork & Hammer - Pairings	Key Ingredient with Sheri Castle	Les Stroud's Wild Harvest - Rainbows & Fiddleheads	Christopher Kimball's Milk Street Television	Fork & Hammer - Pairings	Your Fountain of Youth with Lee Holden	Classical Stretch: By Essentrics - Energy Boosting
Wed 07	Daytripper - Plano	Samantha Brown's Places to Love	Rick Steves' Europe	Fork & Hammer - History on the Move	Simply Ming - Bok Choi	Cook's Country - Holiday Feast	The Life of Loi: Mediterranean Secrets	Fork & Hammer - History on the Move	Yndi Yoga - Truth	Happy Yoga with Sarah Starr - Sunset Haven
Thu 08	View Finders - Tallulah Gorge	Joseph Rosendo's Steppin' Out	Rick Steves' Europe - Paris Side-Trips	Fork & Hammer - Second Helpings	Kevin Belton's New Orleans Celebrations - Pie Fest	Pati's Mexican Table - Carne Asada with La Familia	Christopher Kimball's Milk Street Television	Fork & Hammer - Second Helpings	Yoga In Practice - Find Balance to Find Peace	Your Fountain of Youth with Lee Holden
Fri 09	Cycle Around Japan Highlights	Samantha Brown's Places to Love	Rick Steves' Europe - The Best of Israel	Fork & Hammer	Milk Street's My Family Recipe	Cook's Country - A Trip to the Big Easy	America's Test Kitchen - Italian Chicken	Fork & Hammer	Pati Jinich Explores Panamericana	
Sat 10	Rick Steves Best of the Alps		Rick Steves' Europe - Palestine	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Pati's Mexican Table - Flour Power	Somewhere South - American As Hand Pie		Best of the Joy of Painting - Rowboat on the Beach	Best of the Joy of Painting - Gray Mountain
Sun 11	Fork & Hammer - Fried Chicken Around The World	My Greek Table with Diane Kochilas	Louisiana Coastal Cooking	The Life of Loi: Mediterranean Secrets	To Dine for with Kate Sullivan	Cook's Country - Comfort Food Done Right	Somewhere South - Porridge for the Soul		Pati Jinich Explores Panamericana	
Mon 12	Burt Wolf: Travels & Traditions	Weekends with Yankee - Preserving New England	Rick Steves' Europe	Fork & Hammer - Hallelujah! Leluia Hall	My Greek Table with Diane Kochilas	Cook's Country - Regional Seafood Specialties	America's Test Kitchen	Fork & Hammer - Hallelujah! Leluia Hall	Pati Jinich Explores Panamericana	
Tue 13	Travels with Darley	Joseph Rosendo's Steppin' Out	Rick Steves' Europe	Kitchen Curious With Vivian Howard - Cast Iron	Key Ingredient with Sheri Castle	Les Stroud's Wild Harvest - Sitka Spruce	Christopher Kimball's Milk Street Television	Kitchen Curious With Vivian Howard - Cast Iron	Pati Jinich Explores Panamericana	
Wed 14	Daytripper - Jasper	Samantha Brown's Places to Love	Rick Steves' Europe - Amsterdam	Kitchen Curious With Vivian Howard - Pasta	Simply Ming - Okonomiyake	Cook's Country - Taste of Summer	The Life of Loi: Mediterranean Secrets	Kitchen Curious With Vivian Howard - Pasta	Pati's Mexican Table - Tucson: Gateway to Sonora	Pati's Mexican Table - Loreto: Baja's Hidden Gem
Thu 15	View Finders - Pisgah National Forest	Joseph Rosendo's Steppin' Out	Rick Steves' Europe	Kitchen Curious With Vivian Howard - Fat	Kevin Belton's New Orleans Celebrations	Pati's Mexican Table	Christopher Kimball's Milk Street Television	Kitchen Curious With Vivian Howard - Fat	Pati's Mexican Table - New York	Pati's Mexican Table - Welcome to Guadalajara
Fri 16	Cycle Around Japan Highlights	Samantha Brown's Places to Love	Rick Steves' Europe - Prague	Kitchen Curious With Vivian Howard	Milk Street's My Family Recipe	Cook's Country - Beef Kebabs and Cheese Bread	America's Test Kitchen - Autumn Desserts	Kitchen Curious With Vivian Howard	America's Test Kitchen	America's Test Kitchen - Mediterranean Grill
Sat 17	Rick Steves Egypt: Yesterday & Today		Rick Steves' Europe - Berlin	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Pati's Mexican Table - Legends of the Sonoran Sea	Somewhere South - Dumpling Dilemma		Best of the Joy of Painting - Enchanted Falls Oval	Best of the Joy of Painting - The Old Oak Tree
Sun 18	Fork & Hammer - Hallelujah! Leluia Hall	My Greek Table with Diane Kochilas	Louisiana Coastal Cooking	The Life of Loi: Mediterranean Secrets	To Dine for with Kate Sullivan	Cook's Country - Grilled Chicken, Two Ways	Somewhere South - What A Pickle		America's Test Kitchen	America's Test Kitchen - Mediterranean Grill
Mon 19	Burt Wolf: Travels & Traditions	Weekends with Yankee - The Enthusiasts	Rick Steves' Europe	Kitchen Curious With Vivian Howard - Pickles	My Greek Table with Diane Kochilas	Cook's Country - Tacos Two Ways	America's Test Kitchen	Kitchen Curious With Vivian Howard - Pickles	America's Test Kitchen - Two Classic Pastas	America's Test Kitchen - A Spanish Affair
Tue 20	Travels with Darley	Joseph Rosendo's Steppin' Out	Rick Steves' Europe	Kitchen Curious With Vivian Howard	Key Ingredient with Sheri Castle	Les Stroud's Wild Harvest - Maple & Milkweed	Christopher Kimball's Milk Street Television	Kitchen Curious With Vivian Howard	America's Test Kitchen - A Trip to Rome	America's Test Kitchen
Wed 21	Daytripper	Samantha Brown's Places to Love	Rick Steves' Europe	Kitchen Curious With Vivian Howard - Beans & Rice	Simply Ming - Miso Salmon	Cook's Country	The Life of Loi: Mediterranean Secrets	Kitchen Curious With Vivian Howard - Beans & Rice	America's Test Kitchen - Italian-Inspired Dinners	America's Test Kitchen - Shareable Spanish Fare
Thu 22	View Finders - Grand Teton National Park	Joseph Rosendo's Steppin' Out	Rick Steves' Europe - Bulgaria	Kitchen Curious With Vivian Howard - Freezer	Kevin Belton's New Orleans Celebrations	Pati's Mexican Table - Super Sonoran	Christopher Kimball's Milk Street Television	Kitchen Curious With Vivian Howard - Freezer	America's Test Kitchen - Starring: Tomatoes	America's Test Kitchen - Flavor-Packed Pastas
Fri 23	Cycle Around Japan Highlights	Samantha Brown's Places to Love	Rick Steves' Europe - Romania	Kitchen Curious With Vivian Howard - Cast Iron	Milk Street's My Family Recipe	Cook's Country - Herbaceous Chicken and Potatoes	America's Test Kitchen - Chinese Takeout, Revised	Kitchen Curious With Vivian Howard - Cast Iron	Samantha Brown's Places to Love	Samantha Brown's Places to Love
Sat 24	Rick Steves Experiencing Europe		Rick Steves' Europe	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Pati's Mexican Table	Somewhere South - It's A Greens Thing		Best of the Joy of Painting - Warm Summer Day	Best of the Joy of Painting - Windy Waves
Sun 25	Kitchen Curious With Vivian Howard - Pickles	My Greek Table with Diane Kochilas	Louisiana Coastal Cooking	The Life of Loi: Mediterranean Secrets	To Dine for with Kate Sullivan	Cook's Country - Italian Comfort Food	Somewhere South - How Do You Cue?		Samantha Brown's Places to Love	Samantha Brown's Places to Love
Mon 26	Burt Wolf: Travels & Traditions	Weekends with Yankee - Winter In New England	Rick Steves' Europe	Kitchen Curious With Vivian Howard - Pasta	My Greek Table with Diane Kochilas	Cook's Country - Chicken and Biscuits	America's Test Kitchen - Catalan Supper	Kitchen Curious With Vivian Howard - Pasta	Samantha Brown's Places to Love	Samantha Brown's Places to Love
Tue 27	Travels with Darley - Santa Fe Indian Market	Joseph Rosendo's Steppin' Out	Rick Steves' Europe - West England	Kitchen Curious With Vivian Howard - Fat	Key Ingredient with Sheri Castle	Les Stroud's Wild Harvest	Christopher Kimball's Milk Street Television	Kitchen Curious With Vivian Howard - Fat	Samantha Brown's Places to Love	Samantha Brown's Places to Love
Wed 28	Daytripper	Samantha Brown's Places to Love	Rick Steves' Europe - Southeast England	Kitchen Curious With Vivian Howard	Simply Ming - Pound Cake	Cook's Country - Pennsylvania Dutch Country	The Life of Loi: Mediterranean Secrets	Kitchen Curious With Vivian Howard	Samantha Brown's Places to Love	Samantha Brown's Places to Love
Thu 29	View Finders - Vermejo	Joseph Rosendo's Steppin' Out	Rick Steves' Europe - England's Cornwall	Kitchen Curious With Vivian Howard - Pickles	Kevin Belton's New Orleans Celebrations	Pati's Mexican Table - Sabores Nortenos	Christopher Kimball's Milk Street Television	Kitchen Curious With Vivian Howard - Pickles	Samantha Brown's Places to Love	Samantha Brown's Places to Love
Fri 30	Cycle Around Japan Highlights	Samantha Brown's Places to Love	Rick Steves' Europe - The Heart of England	Kitchen Curious With Vivian Howard	Milk Street's My Family Recipe	Cook's Country - Motor City Favorites	America's Test Kitchen - Elegant Fall Dinner	Kitchen Curious With Vivian Howard	People of the North - Flavors of the Fjord	People of the North
Sat 31	Rick Steves Poland		Rick Steves' Europe - Lisbon	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Pati's Mexican Table - Welcome to Guadalajara	The Great American Recipe - If I Were A Recipe		Best of the Joy of Painting - Secluded Mountain	Best of the Joy of Painting - Valley Waterfall



Milk Street's My Family Recipe

My Mother's Calzone

January 23 at 04:00pm

Episode: 109H - Duration: 30 minutes - Rating: TVG

Tim Donovan has fond memories of calzone, a stuffed bread that his Italian mother and grandmother made. With no written recipe, he asked Milk Street for assistance.



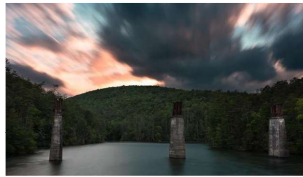
Fork & Hammer
Hallelujah! Leluia Hall
January 4 at 02:00pm

Episode: 110H - Duration: 30 minutes - Rating: TVG
It's grand opening week at Leluia Hall! After nearly 3 years, the doors swing open with fanfare, final touches, a media blitz, and a private celebration for all the staff. But just before the big day, key staff - including an executive chef - take jobs elsewhere. Now Jeff and Jamie must rally, celebrate, and somehow keep all their restaurants running.



Simply Ming
Bok Choi
January 7 at 04:00pm

Episode: 1801 - Duration: 30 minutes - Rating: TVG
Chef Tsai prepares bok choy in two flavorful casseroles with his son and sous chef, Henry — Red Roast chicken with baby bok choy and sweet potatoes with red wine, Thai bird chilis, and star anise; and a vegetarian version that includes Red Roast Squash, baby bok choy, sweet potatoes, scallions, garlic and ginger. And drinks are stirred up — a Five-Spice Old Fashioned and a Five-Spice Black Tea.



View Finders
Tallulah Gorge
January 8 at 02:00pm

Episode: 109H - Duration: 30 minutes - Rating: TVG
Chris and Paul hike the geological marvel that is Tallulah Gorge. Over 1,000 steps were grueling in the heat, but their images were worth it, as well as what they learned about along the way.



Joseph Rosendo's Steppin' Out
Cruising Ireland's Heartland
January 8 at 02:30pm

Episode: 101H - Duration: 30 minutes - Rating: TVG
Explore the Heartland of Ireland with Joseph Rosendo as he cruises the Shannon River from Enniskillen in Northern Ireland to Portumna in the Republic of Ireland. Joseph learns how the river is the bond that ties the two lands together and brings people from all over the world to explore its shores and celebrate Irish culture, art, food, and music.



Pati Jinich Explores Panamericana

Alaska - Wild Harvest
January 11 at 06:00pm

Episode: 101H - Duration: 60 minutes - Rating: TVPG
Pati travels from the northernmost place in the U.S. to the remote island community of Halibut Cove - discovering that subsistence living transcends all differences.



Rick Steves' Europe
Amsterdam

January 14 at 03:00pm

Episode: 809H - Duration: 30 minutes - Rating: TVG
By train, bike, and boat, we visit the top Dutch sights outside of Amsterdam: from Haarlem to Rotterdam, and from Delft to the Zuiderzee. Along the way, we enjoy charming towns with fragrant cheese markets, soggy polderland, mighty dikes, and windmills both new and old. Rolling through the Netherlands and connecting with its people, you can't help but think, "Everything's so... Dutch!"



Best of the Joy of Painting
Enchanted Falls Oval

January 17 at 06:00pm

Episode: 4210H - Duration: 30 minutes - Rating: TVG
Create this extraordinary cascading water scene with Bob Ross and discover the magic of his special painting style.



Weekends with Yankee
Winter In New England

January 26 at 02:30pm

Episode: 913H - Duration: 30 minutes - Rating: TVG
This week, host Richard Wiese embarks on a winter adventure with Registered Maine Guide Polly Mahoney and her Yukon huskies. In Massachusetts, host and Yankee senior editor Amy Traverso meets up with food writer David Leite at Fall River's Portugalia market to make Portuguese clams & sausage. In Maine, we explore an increasingly popular part of the state's winter outdoor scene: fat-tire biking.

Date	7:00 pm	7:30 pm	8:00 pm	8:30 pm	9:00 pm	9:30 pm	10:00 pm	10:30 pm	11:00 pm	11:30 pm
Thu 01	Rick Steves' Europe	Joseph Rosendo's Steppin' Out	View Finders - Sapelo Island	Best of the Joy of Painting - Snow Birch	Fork & Hammer - Summer Soiree	Christopher Kimball's Milk Street Television	Kevin Belton's New Orleans Celebrations	Pati's Mexican Table - Hermosillo Food Crawl	Sara's Weeknight Meals - Six Ingredient Meals	Sara's Weeknight Meals - Breakfast for Dinner
Fri 02	Happy Yoga with Sarah Starr - Peaceful Woods	Yoga In Practice - Breath and Relaxation	Your Fountain of Youth with Lee Holden	Classical Stretch: By Essentrics - Energy Boosting	Yndi Yoga - Truth	Happy Yoga with Sarah Starr - Sunset Haven	Yoga In Practice - Find Balance to Find Peace	Your Fountain of Youth with Lee Holden	America's Test Kitchen - Baked Alaska Showstopper	Fork & Hammer - Cocina Espanola
Sat 03	Rick Steves Poland		Essential Pepin - Easy and Elegant Seafood	Pati's Mexican Table - How Do You Say Tucson?	Maria's Portuguese Table	Cook's Country - Never Enough Chocolate	Healthful Indian Flavors with Alamelu	The Jazzy Vegetarian - New Year's Eve Soiree	Best of the Joy of Painting - Toward Day's End	Best of the Joy of Painting - Rowboat on the Beach
Sun 04	Rick Steves Iceland		People of the North - A Mystery Adventure	Table for All with Buki Elegbede	Christopher Kimball's Milk Street Television	America's Test Kitchen - Italian Chicken	America's Test Kitchen - Plum and Pear Desserts	Christina Cooks: Back to the Cutting Board	Classical Stretch: By Essentrics	Yndi Yoga - Courage
Mon 05	Rick Steves' Europe - Western Turkey	Weekends with Yankee - Handmade In New England	Crossing South - Parque Del Nino Jersey Zoo	Best of the Joy of Painting - Gray Mountain	Fork & Hammer - Fried Chicken Around The World	America's Test Kitchen - Zesty Salmon and Salad	My Greek Table with Diane Kochilas	Cook's Country - Pork and Pie	Happy Yoga with Sarah Starr - Peaceful Woods	Yoga In Practice - Breath and Relaxation
Tue 06	Rick Steves' Europe - Central Turkey	Joseph Rosendo's Steppin' Out	Have Guitar Will Travel World	Best of the Joy of Painting - Warm Summer Day	Fork & Hammer - Pairings	Christopher Kimball's Milk Street Television	Key Ingredient with Sheri Castle	Les Stroud's Wild Harvest - Rainbows & Fiddleheads	Your Fountain of Youth with Lee Holden	Classical Stretch: By Essentrics - Energy Boosting
Wed 07	Rick Steves' Europe	Samantha Brown's Places to Love	Daytripper - Plano	Best of the Joy of Painting - Valley Waterfall	Fork & Hammer - History on the Move	The Life of Loi: Mediterranean Secrets	Simply Ming - Bok Choi	Cook's Country - Holiday Feast	Yndi Yoga - Truth	Happy Yoga with Sarah Starr - Sunset Haven
Thu 08	Rick Steves' Europe - Paris Side-Trips	Joseph Rosendo's Steppin' Out	View Finders - Tallulah Gorge	Best of the Joy of Painting - Tranquil Dawn	Fork & Hammer - Second Helpings	Christopher Kimball's Milk Street Television	Kevin Belton's New Orleans Celebrations - Pie Fest	Pati's Mexican Table - Carne Asada with La Familia	Yoga In Practice - Find Balance to Find Peace	Your Fountain of Youth with Lee Holden
Fri 09	Pati Jinich Explores Panamericana		Pati Jinich Explores Panamericana		Pati's Mexican Table - Tucson: Gateway to Sonora	Pati's Mexican Table - Loreto: Baja's Hidden Gem	Pati's Mexican Table - New York	Pati's Mexican Table - Welcome to Guadalajara	America's Test Kitchen - Italian Chicken	Fork & Hammer
Sat 10	Rick Steves Best of the Alps		Essential Pepin - Cattle Call	Pati's Mexican Table - Tucson: Gateway to Sonora	Maria's Portuguese Table - Terceira, Azores	Cook's Country - Greens for Dinner	Healthful Indian Flavors with Alamelu	The Jazzy Vegetarian	Best of the Joy of Painting - Rowboat on the Beach	Best of the Joy of Painting - Gray Mountain
Sun 11	Rick Steves Cruising The Mediterranean		People of the North - Silver of the Sea	Table for All with Buki Elegbede	Christopher Kimball's Milk Street Television	America's Test Kitchen - Autumn Desserts	America's Test Kitchen - Zesty Salmon and Salad	Christina Cooks: Back to the Cutting Board	Pati Jinich Explores Panamericana	
Mon 12	Rick Steves' Europe	Weekends with Yankee - Preserving New England	Seeing Canada - Nimmo Bay & Manitoulin Island	Best of the Joy of Painting - The Old Oak Tree	Fork & Hammer - Hallelujah! Lelulia Hall	America's Test Kitchen	My Greek Table with Diane Kochilas	Cook's Country - Regional Seafood Specialties	Pati Jinich Explores Panamericana	
Tue 13	Rick Steves' Europe	Joseph Rosendo's Steppin' Out	Travels with Darley	Best of the Joy of Painting - Secluded Mountain	Kitchen Curious With Vivian Howard - Cast Iron	Christopher Kimball's Milk Street Television	Key Ingredient with Sheri Castle	Les Stroud's Wild Harvest - Sitka Spruce	Pati Jinich Explores Panamericana	
Wed 14	Rick Steves' Europe - Amsterdam	Samantha Brown's Places to Love	Daytripper - Jasper	Best of the Joy of Painting - Cypress Swamp	Kitchen Curious With Vivian Howard - Pasta	The Life of Loi: Mediterranean Secrets	Simply Ming - Okonomiyake	Cook's Country - Taste of Summer	Pati's Mexican Table - Tucson: Gateway to Sonora	Pati's Mexican Table - Loreto: Baja's Hidden Gem
Thu 15	Rick Steves' Europe	Joseph Rosendo's Steppin' Out	View Finders - Pisgah National Forest	Best of the Joy of Painting	Kitchen Curious With Vivian Howard - Fat	Christopher Kimball's Milk Street Television	Kevin Belton's New Orleans Celebrations	Pati's Mexican Table	Pati's Mexican Table - New York	Pati's Mexican Table - Welcome to Guadalajara
Fri 16	America's Test Kitchen - Two Classic Pastas	America's Test Kitchen - A Spanish Affair	America's Test Kitchen - A Trip to Rome	America's Test Kitchen	America's Test Kitchen - Italian-Inspired Dinners	America's Test Kitchen - Shareable Spanish Fare	America's Test Kitchen - Starring: Tomatoes	America's Test Kitchen - Flavor-Packed Pastas	America's Test Kitchen - Autumn Desserts	Kitchen Curious With Vivian Howard
Sat 17	Rick Steves Egypt: Yesterday & Today		Essential Pepin - Fruit Fete	Pati's Mexican Table - Hermosillo Food Crawl	Maria's Portuguese Table - Sao Jorge, Azores	Cook's Country - Upper Midwest Classics	Healthful Indian Flavors with Alamelu	The Jazzy Vegetarian - Dinner at Eight	Best of the Joy of Painting - Enchanted Falls Oval	Best of the Joy of Painting - The Old Oak Tree
Sun 18	Rick Steves European Festivals		People of the North - Noble Adventures	Table for All with Buki Elegbede	Christopher Kimball's Milk Street Television	America's Test Kitchen - Chinese Takeout, Revised	America's Test Kitchen	Christina Cooks: Back to the Cutting Board	America's Test Kitchen	America's Test Kitchen - Mediterranean Grill
Mon 19	Rick Steves' Europe	Weekends with Yankee - The Enthusiasts	Seeing Canada - Saskatoon & Winnipeg	Best of the Joy of Painting - Windy Waves	Kitchen Curious With Vivian Howard - Pickles	America's Test Kitchen	My Greek Table with Diane Kochilas	Cook's Country - Tacos Two Ways	America's Test Kitchen - Two Classic Pastas	America's Test Kitchen - A Spanish Affair
Tue 20	Rick Steves' Europe	Joseph Rosendo's Steppin' Out	Travels with Darley	Best of the Joy of Painting - Wooded Stream Oval	Kitchen Curious With Vivian Howard	Christopher Kimball's Milk Street Television	Key Ingredient with Sheri Castle	Les Stroud's Wild Harvest - Maple & Milkweed	America's Test Kitchen - A Trip to Rome	America's Test Kitchen
Wed 21	Rick Steves' Europe	Samantha Brown's Places to Love	Daytripper	Best of the Joy of Painting	Kitchen Curious With Vivian Howard - Beans & Rice	The Life of Loi: Mediterranean Secrets	Simply Ming - Miso Salmon	Cook's Country	America's Test Kitchen - Italian-Inspired Dinners	America's Test Kitchen - Shareable Spanish Fare
Thu 22	Rick Steves' Europe - Bulgaria	Joseph Rosendo's Steppin' Out	View Finders - Grand Teton National Park	Best of the Joy of Painting - Gray Mountain	Kitchen Curious With Vivian Howard - Freezer	Christopher Kimball's Milk Street Television	Kevin Belton's New Orleans Celebrations	Pati's Mexican Table - Super Sonoran	America's Test Kitchen - Starring: Tomatoes	America's Test Kitchen - Flavor-Packed Pastas
Fri 23	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	Samantha Brown's Places to Love	America's Test Kitchen - Chinese Takeout, Revised	Kitchen Curious With Vivian Howard - Cast Iron
Sat 24	Rick Steves Experiencing Europe		Essential Pepin - Vegetable Bounty	Pati's Mexican Table	Maria's Portuguese Table - Sao Jorge and Pico	Cook's Country - Inspiring Shrimp Suppers	Healthful Indian Flavors with Alamelu	The Jazzy Vegetarian - Kid's Classics Made Vegan	Best of the Joy of Painting - Warm Summer Day	Best of the Joy of Painting - Windy Waves
Sun 25	Rick Steves Rome		People of the North - A Day of Celebration	Table for All with Buki Elegbede	Christopher Kimball's Milk Street Television	America's Test Kitchen - Elegant Fall Dinner	America's Test Kitchen	Christina Cooks: Back to the Cutting Board	Samantha Brown's Places to Love	Samantha Brown's Places to Love
Mon 26	Rick Steves' Europe	Weekends with Yankee - Winter In New England	Seeing Canada - Lake Louise & Niagara Falls	Best of the Joy of Painting - Valley Waterfall	Kitchen Curious With Vivian Howard - Pasta	America's Test Kitchen - Catalan Supper	My Greek Table with Diane Kochilas	Cook's Country - Chicken and Biscuits	Samantha Brown's Places to Love	Samantha Brown's Places to Love
Tue 27	Rick Steves' Europe - West England	Joseph Rosendo's Steppin' Out	Travels with Darley - Santa Fe Indian Market	Best of the Joy of Painting - Tranquil Dawn	Kitchen Curious With Vivian Howard - Fat	Christopher Kimball's Milk Street Television	Key Ingredient with Sheri Castle	Les Stroud's Wild Harvest	Samantha Brown's Places to Love	Samantha Brown's Places to Love
Wed 28	Rick Steves' Europe - Southeast England	Samantha Brown's Places to Love	Daytripper	Best of the Joy of Painting - Rowboat on the Beach	Kitchen Curious With Vivian Howard	The Life of Loi: Mediterranean Secrets	Simply Ming - Pound Cake	Cook's Country - Pennsylvania Dutch Country	Samantha Brown's Places to Love	Samantha Brown's Places to Love
Thu 29	Rick Steves' Europe - England's Cornwall	Joseph Rosendo's Steppin' Out	View Finders - Vermejo	Best of the Joy of Painting - The Old Oak Tree	Kitchen Curious With Vivian Howard - Pickles	Christopher Kimball's Milk Street Television	Kevin Belton's New Orleans Celebrations	Pati's Mexican Table - Sabores Nortenos	Samantha Brown's Places to Love	Samantha Brown's Places to Love
Fri 30	People of the North	People of the North	People of the North	New Scandinavian Cooking - A Taste of Winter	New Scandinavian Cooking	New Scandinavian Cooking - Danish Influences	New Scandinavian Cooking - Arctic Fire	New Scandinavian Cooking - A World of Flavors	America's Test Kitchen - Elegant Fall Dinner	Kitchen Curious With Vivian Howard
Sat 31	Rick Steves Poland		Essential Pepin - Family Favorites	Pati's Mexican Table - Carne Asada with La Familia	Maria's Portuguese Table - Faial	Cook's Country - Glazed Pork and Potatoes	Healthful Indian Flavors with Alamelu	The Jazzy Vegetarian - Quick Quesadilla Supper	Best of the Joy of Painting - Secluded Mountain	Best of the Joy of Painting - Valley Waterfall



Sara's Weeknight Meals

Six Ingredient Meals

January 1 at 11:00pm

Episode: 1105H - Duration: 30 minutes - Rating: TVG

Sara's viewers love 5-ingredient recipes, so why not six? Her frittata has a secret ingredient – leftover spaghetti – enlivened with rich brie and bacon. You could save the spaghetti from another favorite – peppery broccoli pasta with feta. Her duck confit with braised leeks and sauerkraut is nice enough for company. Plus, Sara answers a viewer's question about flattened chicken breasts.



Yndi Yoga
Courage

January 4 at 11:30pm

Episode: 306H - Duration: 30 minutes - Rating: TVG

"Recognize the warrior in you and harness your passions so that they work for you and not against you." This heart-opening flow will invigorate the whole body with extra emphasis on backbends to balance the body's energy centers including the heart chakra. This practice, filmed at the top of a hill, inspires viewers to face fears and be brave



Have Guitar Will Travel World
Ireland & The Sound of Independence

January 6 at 08:00pm

Episode: 106H - Duration: 30 minutes - Rating: TVPG

Mark travels to Dublin Bay, seeking a deeper meaning behind the Irish ballads he's sung for years, and explores a friend's familial connection to the pivotal 1916 Easter Rising. Veteran trade union leader and activist Des Geraghty explains the relationship between music and social reform, while Uilleann piper Gay McKeon introduces the instrument often recognized as "the Sound of Ireland."



Your Fountain of Youth with Lee Holden
Healthy Heart

January 6 at 11:00pm

Episode: 103H - Duration: 30 minutes - Rating: TVG

Heart health is one of the few places both Western medical practitioners and Eastern agree: stress and anxiety are significant factors in heart disease. The more stressed out, anxious, and overwhelmed you are, the higher your risk. This episode focuses on your inner emotional state. Helping you become calm, relaxed, and at peace, so your heart stays healthy, nourished, and whole.



Les Stroud's Wild Harvest
Sitka Spruce

January 13 at 10:30pm

Episode: 205H - Duration: 30 minutes - Rating: TVG

While still at the remote fishing lodge, Les tasks Paul to focus on one ingredient, which proves to be a good thing as the team finds themselves with interesting company both at the lodge and at Paul's impromptu outdoor kitchen.



Christina Cooks: Back to the Cutting Board
Does This Make Me Look Fat?

January 18 at 10:30pm

Episode: 203H - Duration: 30 minutes - Rating: TVG

If you've ever asked if this "makes me look fat", you probably know the answer already. Look, you'll find no body shaming here, but like it or not, unhealthy obesity takes a toll on wellness. It's not about stick thin either. Let's find our way to a healthy weight for you and your body. Recipes include tempeh with lotus root and sauerkraut, watercress, pear and pecan salad and cocoa Madeleines.



The Life of Loi: Mediterranean Secrets
Comfort Food The Naxian Way

January 28 at 09:30pm

Episode: 206H - Duration: 30 minutes - Rating: TVG

This week, Chef Maria Loi heads to the crown jewel of the Cycladic islands, Naxos. Maria embraces the amazing local cuisine of the island to create a true Naxian feast with local chef, Yiannis Ikononou. Together, they make a delicious Chicken Pie and Grilled Tuna Filet with Potato Salad. Back in New York, Chef Loi serves up some Naxian-inspired comfort foods.



New Scandinavian Cooking
Food for a Polar Expedition

January 30 at 09:00pm

Episode: 607H - Duration: 30 minutes - Rating: TVG

In today's episode, Andreas goes on a polar expedition onboard Hurtigruten and travels north along the beautiful and icy coastline of Norway. He visits the mountains of northern Norway, where he cooks king crab, fit for activities and fun in the snow. The journey continues to the northeast of the country and ends in Kirkenes with a perfect hot chocolate at the Snow Hotel.



Date	9:00 am	9:30 am	10:00 am	10:30 am	11:00 am	11:30 am	12:00 pm	12:30 pm	1:00 pm	1:30 pm
Thu 01	Little J and Big Cuz - Picnic Day	Amy's Mythic Mornings - Amy's Lessons In Learning	Wapos Bay - A Time for Pride	Barrumbi Kids - Cracker Night	Untamed Gourmet - Northwest Territories Caribou	Travel & Delights - Khao Pun	Cheyenne and Arapaho Productions Podcast		Hit The Ice - Last Minute Preps	Underexposed - Wind and Waves
Fri 02	Little J and Big Cuz - Goodbye Swooper	Frybread Flats	Wapos Bay - Breakin' Too	Red Dirt Riders	Cooking Hawaiian Style - Vanilla Cream Fruit Tart	On The Road with the Spice Warriors - Seligman	Ict Newscast	Fnx Now Block	Hit The Ice - Bring The Condors	Ready for This - Stage Fright
Sat 03	Louis Says	Frybread Flats	Tshakapesh Superhero	Bull's Eye - Dance	Untamed Gourmet - Cowichan Valley Mule Foot Hog	Back to Roots - Wild Rose	On The Road with the Spice Warriors - Lake Mead	Going Native - Going Sacred	Maverix	Ready for This - My Life
Sun 04	Little J and Big Cuz - Bush Medicine	Amy's Mythic Mornings	Guardians - Into The Grid	Coyote's Crazy Smart Science Show - Big Bang	Cooking Hawaiian Style	Back to Roots - Spruce Tips	Native Planet - Hawaii		Hit The Ice - A Killer Instinct	Underexposed - Cash Or Crash
Mon 05	Louis Says	Frybread Flats	Wapos Bay - It Came from Out There	Double Trouble - The Water Hole	Untamed Gourmet - Prince Edward Island Lobster	Travel & Delights - Bluff De Poissons	Ict Newscast	Fnx Now Block	Hit The Ice - Into The Fire	Underexposed - Dig
Tue 06	Little J and Big Cuz - Big Bruz	Amy's Mythic Mornings	Wapos Bay - Time Management	Coyote's Crazy Smart Science Show	Cooking Hawaiian Style	Travel & Delights - Cerf Au Bbq (Bbq Deer)	Tribal Elder Stories - Virgil Surveyor	Native Report	Hit The Ice - Now Or Never	Underexposed - Surf's Pumping
Wed 07	Louis Says - Goodbye Clutter / Count On Anne	Frybread Flats	Wapos Bay - The Ways of the Quiet	N'gen - Endangered Species	Seasoned with Spirit - Food Upon The Water	Travel & Delights - Bougna	Osiyo, Voices of the Cherokee People	People of the Pines - Native Resistance	Hit The Ice - Go Fish	Underexposed - Over My Head
Thu 08	Little J and Big Cuz - Finding Home	Amy's Mythic Mornings	Wapos Bay - The World According to Devon	Barrumbi Kids - Speech Comp	Untamed Gourmet	Travel & Delights	Cheyenne and Arapaho Productions Podcast		Hit The Ice - Tightrope	Underexposed - On Assignment
Fri 09	Little J and Big Cuz - Kid Detectives	Frybread Flats	Wapos Bay - Catch The Spirit	Red Dirt Riders	Cooking Hawaiian Style - Fa'alifu Taro	On The Road with the Spice Warriors - Lake Mead	Ict Newscast	Fnx Now Block	Hit The Ice - Jelly Legs	Ready for This - My Life
Sat 10	Louis Says - The Birdhouse / Lost and Found	Frybread Flats	Tshakapesh Superhero	Bull's Eye - Authors	Untamed Gourmet	Back to Roots - Spruce Tips	On The Road with the Spice Warriors	Going Native - Going Bush	Maverix	Ready for This - Brand New Me
Sun 11	Little J and Big Cuz - Footy Trip	Amy's Mythic Mornings	Guardians - The Erimar	Coyote's Crazy Smart Science Show - Animal Habitat	Cooking Hawaiian Style - Tulp Fried Rice	Back to Roots - Raspberry	Native Planet - United States		Hit The Ice - Into The Fire	Underexposed - Paying The Bills
Mon 12	Louis Says	Frybread Flats	Wapos Bay - Partic-inaction	Double Trouble - Mean Girls	Untamed Gourmet	Travel & Delights	Ict Newscast	Fnx Now Block	Hit The Ice - Bull's Eyes	Underexposed - Snow Motos
Tue 13	Little J and Big Cuz - New Old Bike	Amy's Mythic Mornings	Wapos Bay - The Wapos Falcon	Coyote's Crazy Smart Science Show - Geology	Cooking Hawaiian Style - Paniolos Steak Tacos	Travel & Delights - Umu	Tribal Elder Stories - Floyd Black Bear	Native Report	Hit The Ice - Life's A Beach	Underexposed - On My Own
Wed 14	Louis Says - Skipping The Rope / Car Trouble	Frybread Flats	Wapos Bay - Too Deadly	N'gen - Forests	Seasoned with Spirit - Gulf Coast Originals	Travel & Delights	Osiyo, Voices of the Cherokee People	People of the Pines - Assimilation	Hit The Ice - Game On	Underexposed - Lost In Cali
Thu 15	Little J and Big Cuz - Parade	Amy's Mythic Mornings	Wapos Bay - Treasure of the Sierra Metis	Barrumbi Kids - Transitions	Untamed Gourmet	Travel & Delights	Cheyenne and Arapaho Productions Podcast		Hit The Ice - On The Bubble	Underexposed - Dirtbags
Fri 16	Little J and Big Cuz - Serpent's Eye	Frybread Flats	Wapos Bay - There's No "I" In Hockey	Red Dirt Riders	Cooking Hawaiian Style	On The Road with the Spice Warriors	Ict Newscast	Fnx Now Block	Hit The Ice - All Or Nothing	Ready for This - Brand New Me
Sat 17	Louis Says - A Paint Job / Let It Snow	Frybread Flats	Tshakapesh Superhero	Bull's Eye - Media	Untamed Gourmet	Back to Roots - Raspberry	On The Road with the Spice Warriors - Laughlin	Going Native - Going Storytelling	Maverix	Ready for This - The Golden Sneaker
Sun 18	Little J and Big Cuz - Bye Bye Bear	Amy's Mythic Mornings - Amy's Musical Adventures	Guardians - Blackout	Coyote's Crazy Smart Science Show	Cooking Hawaiian Style	Back to Roots - Bearberry	Native Planet - Australia		Hit The Ice - Bull's Eyes	Underexposed - Tip Off at Crankworx
Mon 19	Louis Says	Frybread Flats	Wapos Bay - Journey Through Fear	Double Trouble - Lost in the Desert	Untamed Gourmet	Travel & Delights - Punu Pua Atofo	Ict Newscast	Fnx Now Block	Hit The Ice - High Wire	Underexposed - The Spit
Tue 20	Little J and Big Cuz - Fish Traps	Amy's Mythic Mornings - Amy's Lessons In Learning	Wapos Bay - They Dance at Night	Coyote's Crazy Smart Science Show - Biology	Cooking Hawaiian Style	Travel & Delights - Poe	Tribal Elder Stories - Theda, Norma and Pat	Native Report	Hit The Ice - The Eleventh Hour	Underexposed - Awake at Bala Bay
Wed 21	Louis Says - Wind and Water / Scary Garden	Frybread Flats	Wapos Bay - Something to Remember	N'gen - Reptiles	Seasoned with Spirit	Travel & Delights	Osiyo, Voices of the Cherokee People	People of the Pines	Hit The Ice - The Heat of Battle	Underexposed - Onion Lake Rodeo Drive
Thu 22	Little J and Big Cuz - Old Dog's Day	Amy's Mythic Mornings	Wapos Bay - A Time to Learn	Barrumbi Kids - Free Range	Untamed Gourmet - Grey Highlands Rainbow Trout	Travel & Delights	Cheyenne and Arapaho Productions Podcast		Hit The Ice - New Beginnings	Underexposed - Jumpship
Fri 23	Little J and Big Cuz - Levi Learns	Frybread Flats	Wapos Bay - The Elements	Red Dirt Riders	Cooking Hawaiian Style	On The Road with the Spice Warriors - Laughlin	Ict Newscast	Fnx Now Block	Hit The Ice - Second Chance	Ready for This - The Golden Sneaker
Sat 24	Louis Says - No Hard Fillings / Sweet Jewelry	Frybread Flats	Tshakapesh Superhero	Bull's Eye - Languages	Untamed Gourmet - Bc Interior Fowl	Back to Roots - Bearberry	On The Road with the Spice Warriors	Going Native - Going Athletic	Maverix	Ready for This - The Solo
Sun 25	Little J and Big Cuz - Puppy	Amy's Mythic Mornings	Guardians - Someone Watches Over Me	Coyote's Crazy Smart Science Show - Earth Science	Cooking Hawaiian Style	Back to Roots - Wild Blueberry	Native Planet - Rapu Nui		Hit The Ice - High Wire	Underexposed - Bridge Day
Mon 26	Louis Says - Quiet Cheer / Scrambled Words	Frybread Flats	Wapos Bay - All's Fair	Double Trouble - Alien Alert	Untamed Gourmet - Port Albert's Salmon Feast	Travel & Delights - Le Trempage (Soaking)	Ict Newscast	Fnx Now Block	Hit The Ice - Walking The Plank	Underexposed - Lacing Up
Tue 27	Little J and Big Cuz - Treasure Hunters	Amy's Mythic Mornings	Wapos Bay - As The Bannock Browns	Coyote's Crazy Smart Science Show - Cosmos	Cooking Hawaiian Style - Mom's Chicken Wings	Travel & Delights - Le Pate En Pot	Tribal Elder Stories - James Blackbear	Native Report	Hit The Ice - Brass Tacks	Underexposed - The Big White Out
Wed 28	Louis Says	Frybread Flats	Wapos Bay - Guardians	N'gen - Fuels	Seasoned with Spirit - Return of the Buffalo	Travel & Delights	Osiyo, Voices of the Cherokee People	People of the Pines - The Origin of the Yuhaviamam	Hit The Ice - The Quick and the Dead	Underexposed - Snowcross
Thu 29	Little J and Big Cuz - Dance Mash-Up	Amy's Mythic Mornings	Wapos Bay - All Access	Barrumbi Kids - Barrumbi	Untamed Gourmet - Northwest Territories Caribou	Travel & Delights	Cheyenne and Arapaho Productions Podcast		Hit The Ice - Training Day	Underexposed - Ice Canyon
Fri 30	Little J and Big Cuz - River Adventure	Frybread Flats	Wapos Bay - As Long As The River Flows	Red Dirt Riders	Cooking Hawaiian Style	On The Road with the Spice Warriors	Ict Newscast	Fnx Now Block	Hit The Ice - Jungle Gym	Ready for This - The Solo
Sat 31	Louis Says	Frybread Flats	Tshakapesh Superhero - A Day That Never Ends	Bull's Eye - Music	Untamed Gourmet - Cowichan Valley Mule Foot Hog	Back to Roots - Wild Blueberry	On The Road with the Spice Warriors - Las Vegas	Going Native - Going Beyond	Maverix	Ready for This - Shadow Boxing

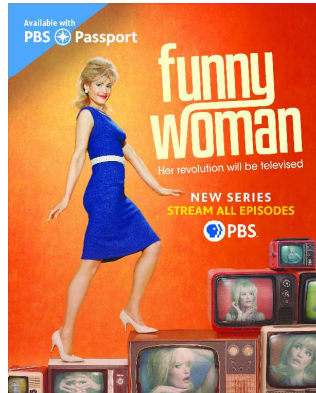
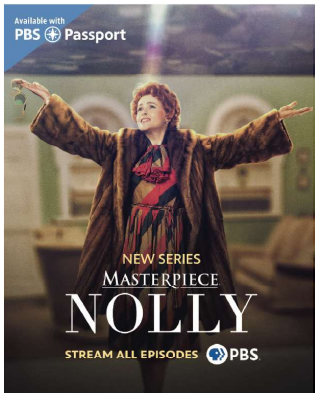
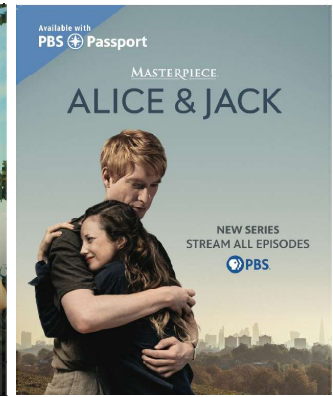


Osiyo, Voices of the Cherokee People

January 21 at 12:00pm

Episode: 903 - Duration: 30 minutes - Rating: TVG

Kelsey Samuels serves domestic abuse survivors in Cherokee communities. The Medicine Keepers protect sacred plants, and artist John Guthrie inspires through painting and unique equine therapy with miniature horses.



Date	2:00 pm	2:30 pm	3:00 pm	3:30 pm	4:00 pm	4:30 pm	5:00 pm	5:30 pm	6:00 pm	6:30 pm
Thu 01	Fit First	Making Regalia - Beading (Continued)	Urban Native Girl - Muddy Waters	Going Native - Going Sacred	Ruth-Ann Thorn Presents: Art of the City	Indian Road	The Huunam of Paakuma		Democracy Now!	
Fri 02	Fit First	Making Regalia	Bears' Lair - Contemporary Culture	Seeing Canada	Native Report	Fnx Now Block	For The Rights of All: Ending Jim Crow In Alaska		Democracy Now!	
Sat 03	Bears' Lair - Contemporary Culture	Future History - Revitalize	The Awakeners - The Message Is The Art		Moosemeat & Marmalade - Pig	Seasick: Saving The Hauraki Gulf	Power to the People - Alert Bay, Bc	Osiyo, Voices of the Cherokee People	Amplify - Sisters In Spirit	Chaos & Courage - Military
Sun 04	This Is Indian Country with Ruth-Ann Thorn	Indian Road	Urban Native Girl - Muddy Waters	Going Native - Going Sacred	Moosemeat & Marmalade - Arctic Hare	Beyond The Raging Sea			Bears' Lair - Contemporary Culture	Wild Game - Beaver
Mon 05	Fit First	Making Regalia - Jingle Dress (Part 2)	Native Planet - United States		Moosemeat & Marmalade - Bull	Badger Creek	Kaha:Wi - The Cycle of Life		Democracy Now!	
Tue 06	Fit First	Making Regalia - Jingle Dress (Conclusion)	The Native Drum with Shawn Littlebear	Kvcarts - Def-1	Moosemeat & Marmalade - Ptarmigan	The Medicine Line - Dance Art	Apache 8		Democracy Now!	
Wed 07	Fit First	Making Regalia - Boy's Fancy Dance Apron (Pt.1)	Common Ground	Future History - Revitalize	Moosemeat & Marmalade - Wine & Tapas	Wild Game - Beaver	Indian Relay		Democracy Now!	
Thu 08	Fit First	Making Regalia - Boy's Fancy Dance Apron (Pt.2)	Urban Native Girl - Should I Stay Or Should I Go?	Going Native - Going Bush	Ruth-Ann Thorn Presents: Art of the City	Indian Road	Indigenous Rodeo	Hupa Fire: Traditional and Cultural Fire Management	Democracy Now!	
Fri 09	Fit First	Making Regalia - Men's Straight Dance Shirt (Pt.1)	Bears' Lair - The Future	Seeing Canada	Native Report	Fnx Now Block	They Can't Kill Us		Democracy Now!	
Sat 10	Bears' Lair - The Youth Are The Future	Future History - Reclaim	The Awakeners - The Hope Art Carries		Moosemeat & Marmalade - Seal	Seasick: Saving The Hauraki Gulf	Power to the People - Sechelt, Bc	Osiyo, Voices of the Cherokee People	Amplify - Our Mother's Love	Chaos & Courage - Wildlife Conservation
Sun 11	This Is Indian Country with Ruth-Ann Thorn	Indian Road	Urban Native Girl - Should I Stay Or Should I Go?	Going Native - Going Bush	Moosemeat & Marmalade - Spear Fishing	Liyana			Bears' Lair - The Youth Are The Future	Wild Game - Corn
Mon 12	Fit First	Making Regalia - Leather Belts	Native Planet - Australia		Moosemeat & Marmalade - Raccoon	The Seven Sacred Laws	Legendary Myths: Raven Adventures		Democracy Now!	
Tue 13	Fit First	Making Regalia - Applying Bells	The Native Drum with Shawn Littlebear	Kvcarts - Audiopharmacy	Moosemeat & Marmalade - Fish Stew	The Medicine Line - Images of the Ages	Ollie & Emma		Democracy Now!	
Wed 14	Fit First	Making Regalia - Bustles	Common Ground	Future History - Reclaim	Moosemeat & Marmalade - Intertribal Feast	Wild Game - Corn	Cheyenne and Arapaho Youth Unity Conference	Games of the North	Democracy Now!	
Thu 15	Fit First	Making Regalia - Bustles with Dwight Whitebuffalo	Urban Native Girl - Land Title - Game Changer	Going Native - Going Storytelling	Ruth-Ann Thorn Presents: Art of the City	Indian Road	Way of the Warrior		Democracy Now!	
Fri 16	Fit First	Making Regalia - Straight Dress Introduction	Bears' Lair - Semi-Final Episode 1	Seeing Canada - Saskatchewan and Manitoba	Native Report	Fnx Now Block	Incas Remembered		Democracy Now!	
Sat 17	Bears' Lair - Semi-Final Episode 1	Future History - Recover	The Awakeners - "Meegwitch, Hi Hi!"		Moosemeat & Marmalade - Land of Plenty	Seasick: Saving The Hauraki Gulf	Power to the People - Haida Gwaii, Bc	Osiyo, Voices of the Cherokee People	Amplify - Our Mothers Voice	Chaos & Courage - Housing Crisis
Sun 18	This Is Indian Country with Ruth-Ann Thorn	Indian Road	Urban Native Girl - Land Title - Game Changer	Going Native - Going Storytelling	Moosemeat & Marmalade - Crab & Oysters	Pivot	Pow - Behind The Powwow	Cleaning's A Cakewalk	Bears' Lair - Semi-Final Episode 1	Wild Game - Striped Bass
Mon 19	Fit First	Making Regalia - Continuation of Straight Dress	Native Planet - Rapu Nui		Moosemeat & Marmalade - Peace Potluck	Wapos Bay Movie			Democracy Now!	
Tue 20	Fit First	Making Regalia - Making A Bustle Backboard	The Native Drum with Shawn Littlebear	Kvcarts - Audiopharmacy Part 2	Moosemeat & Marmalade	The Medicine Line - Resistance	Navajo Math Circles		Democracy Now!	
Wed 21	Fit First	Making Regalia - Making A Decorative Carry Bag	Common Ground	Future History - Recover	Moosemeat & Marmalade - Caribou Camp	Wild Game - Striped Bass	The Mayors of Shiprock		Democracy Now!	
Thu 22	Fit First	Making Regalia - Making Dance Sticks	Urban Native Girl	Going Native - Going Athletic	Ruth-Ann Thorn Presents: Art of the City	Indian Road	Potlatch Keepers		Democracy Now!	
Fri 23	Fit First	Making Regalia - Roach Spinners	Bears' Lair - Semi-Final Episode 2	Seeing Canada	Native Report	Fnx Now Block	Ladonna Harris: Indian 101		Democracy Now!	
Sat 24	Bears' Lair - Semi-Final Episode 2	Future History - Redefine	The Awakeners - The Search Begins		Moosemeat & Marmalade - Lamb and Leeks	Seasick: Saving The Hauraki Gulf - The Treasure	Power to the People - Teslin, Yk	Osiyo, Voices of the Cherokee People	Amplify - Diamond in the Snow	Chaos & Courage - Kids In Crisis
Sun 25	This Is Indian Country with Ruth-Ann Thorn	Indian Road	Urban Native Girl	Going Native - Going Athletic	Moosemeat & Marmalade - Masset Surf and Turf	Wyoming Justice: Redemption of the Wind River Reservation	Meet The Artist, Jeremy Arviso - Indian Motorcycles	Red Crooked Sky	Bears' Lair - Semi-Final Episode 2	Wild Game - Walleye
Mon 26	Fit First	Making Regalia - Alterations on a Child's Moccasin	Native Planet - Chile		Moosemeat & Marmalade - 9 White Deer	The Seven Generation River	Family of Indians - Huwal Tovokova	Justice: Grand Ronde	Democracy Now!	
Tue 27	Fit First	Making Regalia - Rocker Construction	The Native Drum with Shawn Littlebear	Kvcarts - Pete Sands Part 1	Moosemeat & Marmalade - Halibut	The Medicine Line - Legacy In Stone	Keep Talking		Democracy Now!	
Wed 28	Fit First	Making Regalia - Construct Baby Moccasins	Common Ground	Future History - Redefine	Moosemeat & Marmalade - Fish and Potatoes	Wild Game - Walleye	Never A Bother	Cherokee Justice: Healing Through Culture	Democracy Now!	
Thu 29	Fit First	Making Regalia - Welcome - Let's Get Started!	Urban Native Girl	Going Native - Going Beyond	Ruth-Ann Thorn Presents: Art of the City	Indian Road	Blackfeet Encounter		Democracy Now!	
Fri 30	Fit First	Making Regalia - Tipi Applique (Part 2)	Bears' Lair - The Grande Finale	Seeing Canada	Native Report	Fnx Now Block	We Breathe Again		Democracy Now!	
Sat 31	Bears' Lair - The Grande Finale	Future History - Renew	The Awakeners - The Dance & The Dream		Moosemeat & Marmalade - Sturgeon Spearfishing	Seasick: Saving The Hauraki Gulf	Power to the People - Kanaka Bar, Bc	Osiyo, Voices of the Cherokee People	Amplify - Little Star	Chaos & Courage - Medical Outposts

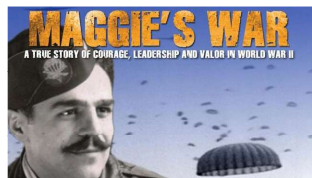


Tiger

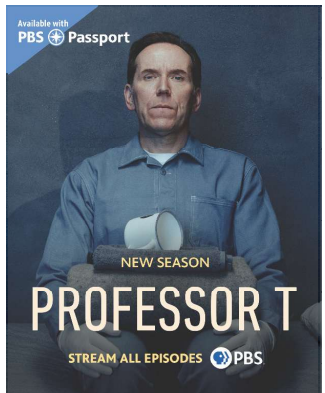
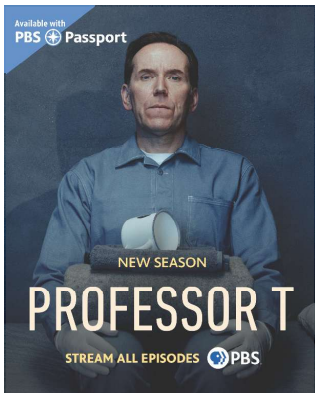
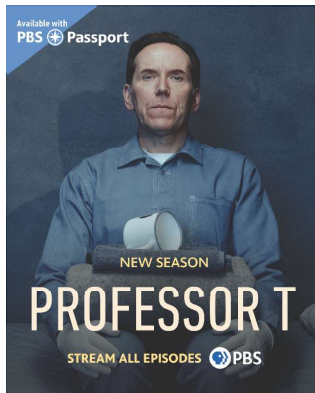
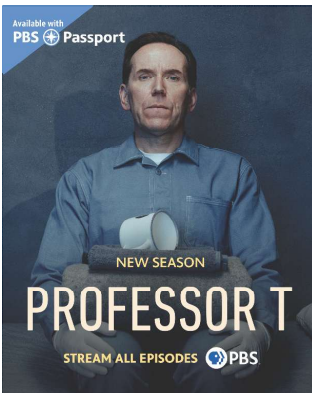
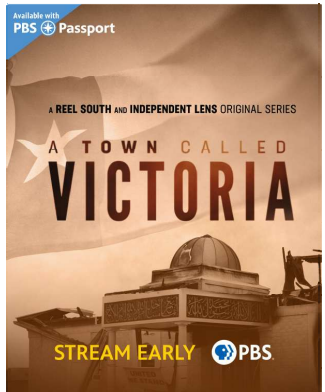
January 25 at 05:00pm

Episode: 0H - Duration: 30 minutes - Rating: TVG

"ROAR: The Story of the Southern Columbia Football Tigers" goes behind the scenes and into the locker room of Pennsylvania's most decorated high school football program as they chase a record-breaking sixth consecutive state championship.



Courage
 January 25 at 05:30pm
 James Megellas, affectionately known as "Maggie," led the H-Company of the 504th Parachute Infantry Regiment through some of the most horrific battles and deadliest missions of World War II, including the Battle of the Bulge. Seven decades later, cameras follow Megellas on an emotional return to Europe with a small group of family, friends and 82nd Airborne veterans.



Date	7:00 pm	7:30 pm	8:00 pm	8:30 pm	9:00 pm	9:30 pm	10:00 pm	10:30 pm	11:00 pm	11:30 pm
Thu 01	PBS News Hour		Dw Global Us	BBC News	American Masters - Joe Papp In Five Acts			American Masters		
Fri 02	PBS News Hour		Bloomberg Wall Street Week		The Boleyns: A Scandalous Family - Ambition		The Boleyns: A Scandalous Family - Desire		The Boleyns: A Scandalous Family - The Fall	
Sat 03	French Village - News from Anna		America's Dairyland: at the Crossroads		American Masters - Starring Dick Van Dyke			American Masters		
Sun 04	Pov - The Bitter Pill			Pov Shorts - Classroom 4	Nature - Attenborough and the Sea Dragon		Finding Your Roots - Hidden Kin		Pov - The Bitter Pill	
Mon 05	PBS News Hour		Dw The Day	BBC News	Voces On PBS		Public Defender		Penny: Champion of the Marginalized	Stories from the Stage - On The Road Again
Tue 06	PBS News Hour		Dw The Day	BBC News	Animal Babies: First Year On Earth - First Steps		Animal Babies: First Year On Earth		Animal Babies: First Year On Earth - New Frontiers	
Wed 07	PBS News Hour		Dw The Day	BBC News	Pov - The Age of Water			Independent Lens		
Thu 08	PBS News Hour		Dw The Day	BBC News	Independent Lens - Storming Caesars Palace			Pov - Union		
Fri 09	PBS News Hour		Bloomberg Wall Street Week		Lucy Worsley's Holmes Vs. Doyle		Lucy Worsley's Holmes Vs. Doyle - Fact and Fiction		Lucy Worsley's Holmes Vs. Doyle	
Sat 10	French Village - The Mousetrap		Independent Lens - A Thousand Pines		American Experience - Bombshell			Pov Shorts - Classroom 4	Pov - Union	
Sun 11	Independent Lens - The Big Payback			Pov Shorts - The People Could Fly	Nature - Hummingbirds of Hollywood		Finding Your Roots - American Dreams		Independent Lens - The Big Payback	
Mon 12	PBS News Hour		Dw The Day	BBC News	Cruise Boom: A Community on the Cusp of Change		Rust			Stories from the Stage - Twist of Fate
Tue 13	PBS News Hour		Dw The Day	BBC News	Nova - Arctic Sinkholes		Weathered: After The La Firestorm		Extinction: The Facts	
Wed 14	PBS News Hour		Dw The Day	BBC News	Voces: American Sons		Independent Lens - Greener Pastures			Pov Shorts - Classroom 4
Thu 15	PBS News Hour		Dw The Day	BBC News	The Cost of Inheritance: An America Reframed Special		Pov - Winter's Yearning		The Five Demands	
Fri 16	PBS News Hour		Bloomberg Wall Street Week		Pov - Liquor Store Dreams			Pov - Driver		
Sat 17	French Village - The Border		Roadtrip Nation: Rerouting		Civilizations - The Second Moment of Creation		Civilizations - How Do We Look?		Civilizations - God and Art	
Sun 18	Independent Lens - Razing Liberty Square			Better Next Big Thing	Nature - Tusker: Brotherhood of Elephants		Finding Your Roots - Great Migrations		Independent Lens - Razing Liberty Square	
Mon 19	PBS News Hour		Dw The Day	BBC News	Niagara Movement: The Early Battle for Civil Rights		Ida B. Wells: American Stories		Local, USA - Segregation Scholarships	Stories from the Stage - Crossroads
Tue 20	PBS News Hour		Dw The Day	BBC News	Nova - What Are Ufos?		Dynamic Planet - Ice		Dynamic Planet - Fire	
Wed 21	PBS News Hour		Dw The Day	BBC News	Breaking The Deadlock - A Matter of Life and Death		Frontline - 2,000 Meters to Andriivka			
Thu 22	PBS News Hour		Dw The Day	BBC News	Fannie Lou Hamer's America: An America Reframed Special			Training for Freedom	Hope in the Struggle: The Josie Johnson Story	
Fri 23	PBS News Hour		Bloomberg Wall Street Week		Pov - Against The Tide			Pov - Made In Ethiopia		
Sat 24	French Village - Forced Labor		Roadtrip Nation: Skill Shift		Civilizations - Encounters		Civilizations - Renaissances		Civilizations - Paradise On Earth	
Sun 25	Heard			Pov Shorts - La Orquesta	Nature - San Diego: America's Wildest City		Finding Your Roots - Caribbean Roots		Heard	
Mon 26	PBS News Hour		Dw The Day	BBC News	Children In Crisis: The Story of Chip		Reel South - The Only Doctor		Pov Shorts - Boom and Bust	Stories from the Stage - Getting Away with It
Tue 27	PBS News Hour		Dw The Day	BBC News	Nova - Asteroids: Spark of Life?		Dynamic Planet - Water		Dynamic Planet - Earth	
Wed 28	PBS News Hour		Dw The Day	BBC News	American Masters - Elie Wiesel: Soul On Fire			Independent Lens - Vivien's Wild Ride		
Thu 29	PBS News Hour		Dw The Day	BBC News	Simon Schama: The Holocaust, 80 Years On		American Masters			
Fri 30	PBS News Hour		Bloomberg Wall Street Week		Pov - King Coal			Pov - Emergent City		
Sat 31	French Village - A Day for Exchanging Rings		With the Strength of our Ancestors		Civilizations - Color and Light		Civilizations - The Cult of Progress		Civilizations - What Is Art (Good for)?	



Animal Babies: First Year On Earth **Testing Limits**

January 6 at 10:00pm

Episode: 102 - Duration: 60 minutes - Rating: TVPG

Learn the new challenges baby animals face once they can get around on their own. Every day brings new trials and tribulations, like searching for food, surviving in harsh environments and bonding with family members.

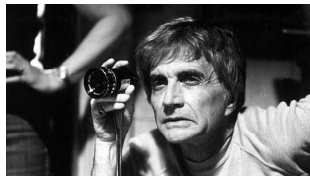


The Boleyns: A Scandalous Family Ambition

January 2 at 09:00pm

Episode: 101 - Duration: 60 minutes - Rating: TVPG

Explore Thomas Boleyn's determination to elevate the family name. His expectations and ambitions for his three children will take them into the heart of the Tudor court.



American Masters

Blake Edwards: A Love Story In 24 Frames

January 3 at 11:00pm

Episode: 3606 - Duration: 90 minutes - Rating: TV14

Explore the story of director, screenwriter and producer Blake Edwards, known for cinema classics such as "Breakfast at Tiffany's," "Days of Wine and Roses" and the "Pink Panther" series.



Lucy Worsley's Holmes Vs. Doyle

Doctor and Detective

January 9 at 09:00pm

Episode: 101 - Duration: 60 minutes - Rating: TVPG

World famous detective Sherlock Holmes brought Arthur Conan Doyle fame and fortune. So why did he choose to kill the character off, only 6 years after he first appeared in print? In the first episode of a 3-part series, Lucy Worsley delves into this curious case.



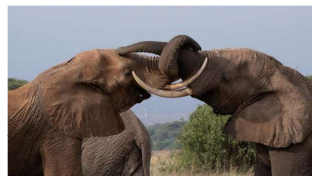
Nova

Arctic Sinkholes

January 13 at 09:00pm

Episode: 4901 - Duration: 60 minutes - Rating: TVPG

Colossal explosions shake a remote corner of the Siberian tundra, leaving behind massive craters. In Alaska, a huge lake erupts with bubbles of inflammable gas. Scientists are discovering that these mystifying phenomena add up to a ticking time bomb, as long-frozen permafrost melts and releases vast amounts of methane, a potent greenhouse gas.



Nature

Tusker: Brotherhood of Elephants

January 18 at 09:00pm

Episode: 4405 - Duration: 60 minutes - Rating: TVPG

Follow the lives of elephant bulls in Mount Kilimanjaro and Amboseli. Get a rare glimpse into the complexity of these giants, from their drive for dominance to the subtle social bonds that form between males.



Dynamic Planet

Ice

January 20 at 10:00pm

Episode: 101 - Duration: 60 minutes - Rating: TVPG

As our planet warms up, the ice at all three poles—the Arctic, Antarctic, and the Himalayas—melts rapidly, bringing significant consequences. Explore how science, nature, and tradition can prepare us for a fast-changing future.



Civilizations

Paradise On Earth

January 24 at 11:00pm

Episode: 106 - Duration: 60 minutes - Rating: TVPG

Explore one of humanity's deepest artistic urges: the depiction of nature. But landscape painting is seldom a straightforward portrayal of observed nature; it's a projection of dreams, idylls, escapes and refuges—the elusive paradise on earth.



Heard

January 25 at 11:00pm

Episode: 0 - Duration: 90 minutes - Rating: TVPG

The production "Heard" by internationally renowned artist Nick Cave featured performers wearing Cave's colorful horse-shaped raffia "soundsuits." When it came to Akron, Ohio, it included a performance at a nearby inner-city community center, where residents were part of the performance. The project coincided with redevelopment efforts in the community orchestrated by the residents themselves.