

Growing Together

Episode 2: Vaping

Premiering September 16, 2025 on Smoky Hills PBS, 7pm Central

Host: Dallas Arp

Guests:

Dr. Nicole Nollen, [The University of Kansas School of Medicine & The University of Kansas Cancer Center](#)

Finn Lanning, [Youth Tobacco Prevention Coordinator](#),

Kansas Department of Health & Environment

Donna Gerstner, [LiveWell Finney County](#)

Oliver Spencer, GCHS Student and member [RESIST](#) Chapter

Andy Van Der Wege, [Russell County Sheriff](#)

RESOURCES FROM THE EPISODE and FROM OUR GUESTS

Quiz segment: [Stanford Medicine REACH Lab](#), [2021 Kansas Youth Risk Behavior Survey/KSDE](#), [Truth Initiative](#), [The Cleveland Clinic](#), [U.S. Centers for Disease Control & Prevention](#), [The American Cancer Society](#)

Documentary [“Nic Sick: The Dangers of Youth Vaping”](#) and curriculum published by Idaho PBS: [Know Vape](#)

[RESIST - student-led groups](#)

<https://www.tobaccofreekids.org/problem/toll-us/kansas>

www.mylifemyquit.com

www.tobaccofree.org (Tobacco Free Earth)

www.quitassist.com

Catch My Breath - www.catch.org

Stanford Medicine Tobacco Prevention Toolkit - med.stanford.edu

American Lung Association - Vape-Free School Initiative www.lung.org

[Alliance for a Healthier Generation](#)

American Heart Association: [Tobacco-Free Schools](#)

American Academy of Pediatrics: healthychildren.org

cdc.gov/vaping

teen.smokefree.gov

Truth Initiative: [Vaping: Know the Truth](#)

[Learn the Products | KDHE, KS](#)

[Protecting Youth From the Harms of Vaping | Smoking and Tobacco Use | CDC](#)