Are You Okay? is a sweet story about the spirit of helping others. Students will enjoy seeing how the animal characters assist each other with familiar tasks around school. The story supports readers by providing colorful illustrations, high-frequency words, and some repetitive text. The book can be used to teach students how to determine cause-and-effect relationships and the proper use of quotation marks.
Are You Okay?

Focus Question
What can happen if you help others?

Words to Know
fell  hung
help  okay
hook  recess

Connections
Writing and Art
When have you helped someone? Draw a picture. Write how it made you feel.

Social Studies
Why is it important to help others in your community? Share your ideas with a partner.
Owl and Dog were walking to school. Dog tripped and fell.

"Are you okay?" asked Owl. "Yes, I'm okay," said Dog. Owl helped Dog up.
Mouse was hanging up her backpack. She couldn’t reach the hook.

Mouse sat down next to Lizard at lunch. Lizard looked sad.

Lizard was playing ball with Duck at recess. Duck missed the ball and couldn’t find it.

“Do you want some help?” asked Lizard.
“Yes, I’d like some help!” said Duck.
Lizard and Duck found the ball.
Rabbit got on the school bus home. He saw no friends to sit with.

"Would you like to sit with me?" Duck asked.
"Yes, I’d like to sit with you," said Rabbit.
"Are you okay?" asked Duck.
"Now I am!" said Rabbit.