Perspective taking requires that we...

- Take the time to stop thinking about our own feelings
- Think about situations in many different ways
- Attempt to see the world from someone else's eyes

Important Note:
Perspective taking develops over time. Children can begin to demonstrate this skill as early as 14 months old, but it varies from child to child and is still something that requires effort as adults.

Model It!

- Verbalize the way you consider your child's perspective.

Promote It!

- Play games
  "What were they thinking!"
  In this game, the participant considers what someone else might have been thinking when they carried out an action. You can ask your child to play the game when they are processing what someone did or said to them at school.

- Role Play
  Encourage role-play and putting on plays. This is an excellent way for children to experiment with taking another's perspective.

- Read To Them
  Take time to ask your child what the character is feeling and why. Have your child explain what the character wants. Repeat many times throughout the story as those feelings and desires change.

  Examples:
  - How does Tinkerbell feel about Wendy? How do you know?
  - What is Piglet feeling right now?
  - What does Spiderman want? How can he get it?